

EXECUTIVE COMMITTEE 2023-2024

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Managing Committee

Presidents	Ritu Sahi	93828 81478	ritusahi@hotmail.com
	Sanyukta Gill	98404 15677	sanyukta_g@yahoo.com
Vice Presidents	Sadiya Khaleel	98840 50686	sadiya2yk@yahoo.co.in
	Raylsi R Ballhatchet	+4479384 55591	rayballhatchet@gmail.com
Secretaries	Somna Sachdev	98410 22922	sachdev.somna@gmail.com
	StefanieAndruchowitz	63802 83166	s.andruchowitz@gmail.com
Treasurers	Deepali Goyal	98404 42260	deepali_gyl@yahoo.com
	Swati Reddy	98841 77777	swati_reddy@yahoo.com
Activity Chairpersons			
Arts & Handicrafts	Nusrret Cassam	98403 77872	nusrretcassam@gmail.com
	Viraj Thakore	89399 33433	thakoreinc@gmail.com
Book Discussion	Rajshri Sundrani	88702 77779	rajshri.linesh09@gmail.com
	Sushi Goklaney	98401 04822	sushigoki24@hotmail.com
Cooking Swapshop	Shefalii Dadabhoy	97898 89955	shefnochef@gmail.com
	Anjali Sacheti	98840 56000	anjali456@gmail.com
Current Events	Rekha Rangaraj	98407 47561	rangaraj.rekharaman@gmail.com
	Sukhee Lee	8668090691	sukheelee702@gmail.com
Health & Ecology	Rinku Mecheri	98400 51172	rinku@chennaivolunteers.org
	Nalini Panday	98849 58629	nalini.panday@gmail.com
History, Culture & Tour	s Jaya Mahbubani	98846 87986	jnmahbubani@gmail.com
	Rohini Tummala	99890 98640	rohinigopinath@hotmail.com
Music & Performing Art	ts Jyothi Ganesh	98400 97298	jyothi1963@gmail.com
	Jansi Kishore	98415 89896	jansi_k@hotmail.com
Philosophy & Religion	Deepa Ramaprasad	98410 44886	deeparamaprasad@hotmail.com
	Catherine Reddy	63819 77392	catherinecapozzi@gmail.com

DECEMBER AT A GLANCE

1StFri 10:00 a.m.Managing Committee11:00 a.m.Executive Committee@ Zoom

Tue 03:15 p.m. Arts and Handicrafts @ Hanu Reddy Residences Vinod Daniel

BOARD EVENT

5th

7th

10th

Thu 03:15 p.m.Harmony of Christmas :
Carols & Nativity Tableau@ Shamiana, Madras Club

Sun 10:15 a.m. History, Culture and Tours @ NMACC, Mumbai

Wed 11:00 a.m. Cooking Swapshop

14th

@ Adyar Ananda Bhavan,Ambattur Industrial Estate

Thu 03:15 p.m. Current Events @ Nabila Avais's Residence Annu Jalais

19th

Tue 10:15 a.m. Philosophy and Religion @ Madras Boat Club Juliet Ramamurthy & Penny Smith

IWA Newsletter • Volume XXXVIII No.7 • Chennai

FROM THE PRESIDENTS

Dear IWA friends,

December unfolds its festive charm - a month adorned with joy sprinkled with laughter, and wrapped in the magic of the season.

The IWA Diwali Celebrations were a concerted effort of many members, a sharing of skills, resources and energy, fostering a sense of togetherness. The programme came together beautifully. We extend our heartfelt gratitude to Rekha Rangaraj for the guidance, help and time that she dedicated to this event.

Our heartfelt thanks to Visalakshi Ramaswamy for sponsoring the venue. Our deep gratitude to the members who participated in the entertainment programme and helped in organising the games.

A big thank you to Sushi Natraj for organising the super-hit Games and the Tombola.

Coming up on the 7th of December is the IWA Christmas. We look forward to your participation and presence.

A beautiful programme is being put together by our members which will surely fill your hearts with joy!

On the 10th of December, 41 members are Mumbai bound for a day! They will visit the NMACC (Nita Mukesh Ambani Cultural Centre) and will watch the smash hit musical Mamma Mia at The Stately Grand Theatre. Our deepest gratitude to Nina Kothari for facilitating this programme.

Our Activity Chairpersons are hard at work-getting us exceptional meetings! A lot of effort is put in each meeting and your participation in large numbers is always a big incentive.

IWA will take a break from mid December till mid January. May your holidays be wrapped in happiness and shared with those you hold dear. Merry Christmas and Happy Holidays!

RITU SAHI

SANYUKTA GILL

FROM THE MEMBERSHIP SECRETARY

Dear Members,

The record of attendance will be tabled at the meetings during the month of December 2023 and once again in February 2024. Please take note of your individual tally and make up any shortfall during the following months.

Please remember that attendance of 10 meetings during the year must be completed before 31st March 2024. Meetings in April count towards attendance of the year 2024-2025.

Members are reminded that their guest may attend only four meetings during the IWA year, irrespective of which member signs them in.

Daughters and daughters-in-law may attend as many meetings as they like with the member.

Letters regarding leave of absence should be addressed to the undersigned.

Thank you for your cooperation.

Somna Sachdev, 20, 4th Lane, Nungambakkam, Chennai-600 034. 98410 22922 iwainchennai@gmail.com Sachdev.somna@gmail.com

SOMNA SACHDEV

FROM THE MEMBERSHIP SECRETARY

The membership committee convened on November 6, 2023 to meet the prospective candidates for IWA membership. Eight applicants have been accepted as Special Guests and they can enjoy the relevant privileges till April 2025.

They are:

Bhuvana Bharti **Pooja Chhabria Rachita Choudhary** Deepti Kankaria Usha Krishnamurthy Niyati Mehta Renuka Sabanayagam Sabah Shirazi

We are happy to welcome 2 new Permanent non-Indian Members.

Arthi Bezawada B-16 (Australia) 25 Maya, 1st Crescent Park Road, Gandhinagar, Adyar, Chennai-600 020. 99947 78696 Arthibez@gmail.com

Geetha Muthusamy M-18 (UK) Apt 603, The Gardenia, 4th Avenue, AK Block, Anna Nagar West, Chennai -600 040. 93804 24699 Saathvika@hotmail.com

Many thanks to the membership committee for their time and diligent service through this crucial process.

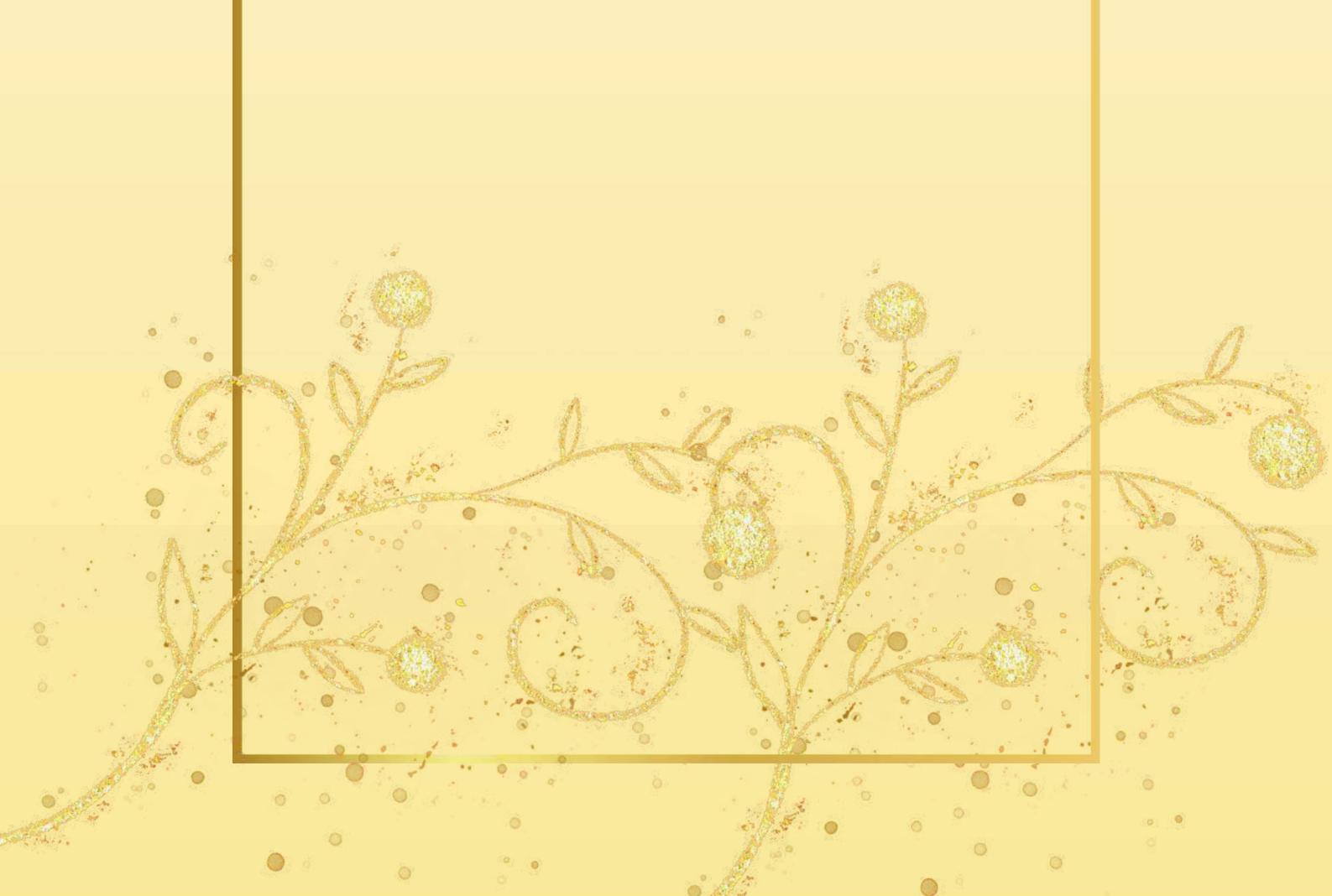
We are pleased to welcome 1 new Temporary non-Indian Member.

Adeline Graham G-08 (France) Old Number 1, New 13, Leith Castle North Street, Santhome, Chennai-600 028. 81220 31783 Adeline@fernandade.com

SOMNA SACHDEV

HEARTIEST CONGRATULATIONS

To Princess Naik on the birth of her granddaughter



ARTS AND HANDICRAFTS



TUE | 05 DEC | 03:15 P.M @ HANU REDDY RESIDENCES

VINOD DANIEL

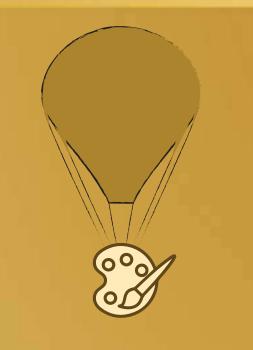
66 MUSEUMS UNRAVELED

NUSRRET CASSAM VIRAJ THAKORE



ARTS AND HANDICRAFTS

Date: Tue, 5th December Time: 03:15 p.m. Venue: Hanu Reddy Residences, 39/18, Binny Road, Poes Garden, Chennai-600 086



MUSEUMS UNRAVELED

Vinod Daniel is an International Museum Expert. He is the Chairman and CEO of the AusHeritage.

Mr.Daniel has led several successful collaborative partnerships with Indian Museums and Institutions since 1996, in addition to working in countries and regions across the world.

He has thirty plus years of experience working with Museums in over fifty countries.

Vinod Daniel will highlight what museums are and do, what is the future of museums, how do museums conserve their collections, how do museums stay relevant.

The talk will also compare the Indian museum sector with global counterparts and the positive aspects happening!

Lets enjoy listening to our experienced Speaker Vinod Daniel!

We thank Usha Jawahar for graciously sponsoring this meeting. We thank Neena Sanghavi for being our day facilitator.

NUSRRET CASSAM

VIRAJ THAKORE

IWA BOARD EVENT



THU | 07 DEC | 03:15 P.M @ SHAMIANA , MADRAS CLUB

MARMONY OF CHRISTMAS: CAROLS AND NATIVITY TABLEAU

RITU SAHI

SANYUKTA GILL

THE MANAGEMENT & EXECUTIVE COMMITTEES

IWA BOARD EVENT



Date: Thursday,7th December Time: 03:15 p.m onwards Venue: Shamiana, Madras Club, 8, Adyar Club Gate Road, R.A Puram, Chennai-600 028.



HARMONY OF CHRISTMAS: CAROLS AND NATIVITY TABLEAU

As the holiday season approaches, we look forward to you joining us for a special Christmas event. Let's gather to share warmth, laughter, and the joy of the season.

Step into a world where winter's breath mingles with whispered secrets, as a we gather in the glow of candlelight. Amidst the harmonious magic of carol singing, a living nativity tableau, a tapestry of tradition

and warmth that transcends this festive season.

Embrace the festive spirit by donning your merriest attire in cheerful colors. Whether you're a vision in red, a forest of green, or a twinkle of gold, let's turn our gathering into a festive rainbow.

Our heartfelt thanks to Lily Malhan, Cibi Mammen, Rinku Mecheri, Nirmal Mirza, Sherien Ryan, Banu Singh and Shanthi Thomas for their generosity in sponsoring this event.



Members only meeting.

RITU SAHI

SANYUKTA GILL

THE MANAGEMENT & EXECUTIVE COMMITTEES



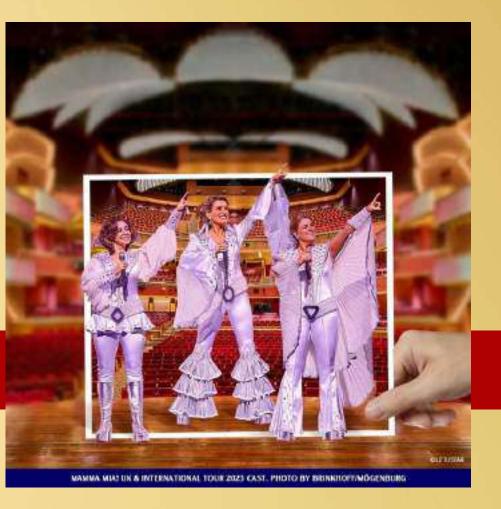


HISTORY, CULTURE AND TOURS





MAMMA MUT UK & INTERNATIONAL TOUR 2023 CAST. PHOTO BY BRINKHOPPIN/DGUBLIRG





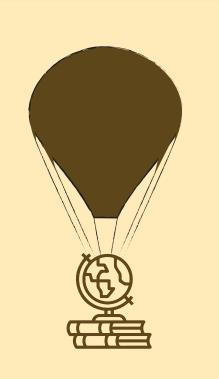
MAMMA MIA!

JAYA MAHBUBANI ROHINI TUMMALA



HISTORY, CULTURE AND TOURS

Date: Sunday, 10th December Venue: NMACC, Mumbai.



MAMMA MIA!

Mamma Mia! Here we go again. My my, how could we resist a revisit to the 70s? And at what better venue to enjoy this grand Broadway Musical, than at the much lauded NAMCC in Mumbai!

We are deeply grateful to our member Nina Kothari, for her endless support and generosity in facilitating all ground arrangements including airport pickups and drops, a private tour of NMACC and its various exhibitions, Platinum tickets for the show, and even

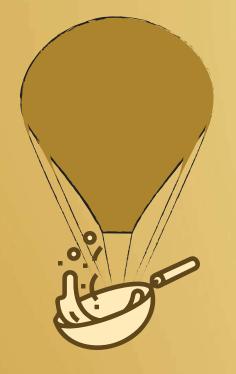
hosting our members to lunch.

It's going to be a day to remember at the NMACC, in the World Class and Stately Grand Theater. Thank you, dear Nina!

41 Dancing Queens trill in anticipation of the upcoming IWA trip on 10th December. Maa-Bom-Maa tickets booked! Abba, here we come, and - thank you for the music!

JAYA MAHBUBANI

ROHINI TUMMALA



COOKING SWAPSHOP



WED | 13 DEC | 11:00 A.M @ AMBATTUR INDUSTRIAL ESTATE

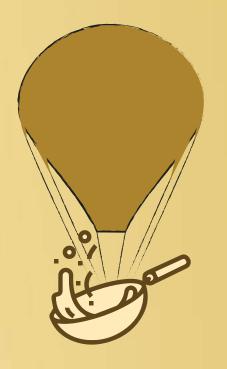
THE A TO Z OF A2B

SHEFALII DADABHOY ANJALI SACHETI



COOKING SWAPSHOP

Date: Wed, 13th December Time: 11.00 a.m onwards Venue: No: 53, Ambattur Industrial Estate, 3rd Street, South Phase, Ambattur, Chennai - 600 058



THE A TO Z OF A2B

It all started in the 1960s with a small sweet shop in Madurai, by the name of Guru Sweets. Hailing from a family of farmers, **Thirupathi Raja**, with the help of his wife **Muthu Lakshmi**, took a huge risk leaving his family vocation and starting something new. The risk paid off and resulted in Chennai's globally popular chain, Adyar Ananda Bhavan, also fondly known as A2B.

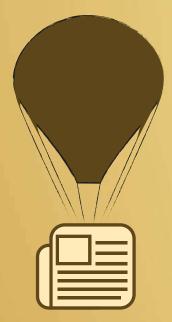
After over 40 years, it is still a family run business with the same desire to produce high quality sweets and snacks.

Let's take a sneak peak into Adyar Ananda Bhavan's central kitchen to learn about its journey from a 2 person shop to a 12000 employee organization!

This is a warn in meeting open to only 30 members. Please WhatsApp your confirmation to Shefalii @97898 89955 or Anjali @98840 56000 at the earliest.

SHEFALII DADABHOY

ANJALI SACHETI



CURRENT EVENTS



THU | 14 DEC | 03:15 PM @ NABILA AVAIS'S RESIDENCE.

ANNU JALAIS

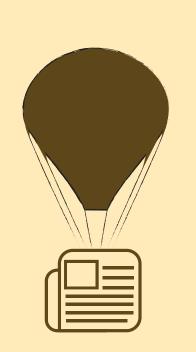
ANTHROPOLOGY AND CONSERVATION: UNDERSTANDING PEOPLE AND ENVIRONMENTS"

REKHA RANGARAJ SUKHEE LEE



CURRENT EVENTS

Date: Thu, 14th, December Time: 03:15 p.m Venue: Nabila Avais's Residence, No.19, Kothari Road, Nungambakkam, Chennai-600 034



ANTHROPOLOGY AND CONSERVATION: UNDERSTANDING PEOPLE AND ENVIRONMENTS

The goal of ethnography is to understand different points of view, or in other words, other communities' relation to daily life to try understanding their vision of the world. In this

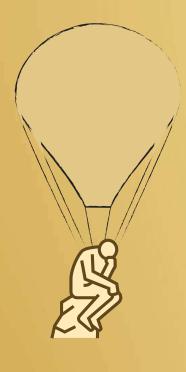
talk, Annu Jalais, Associate Professor, Kreeda University will take you to the Sundarbans to show you how people living in the islands of southern Bengal understand their relationship with tigers and the wild environment.

Please warn in to Rekha Rangaraj 98407 47561 or Sukhee Lee 86680 90691

We thank Nabila Avais for kindly agreeing to host this meeting. We thank Urmila Agarwal for being our day facilitator.

REKHA RANGARAJ

SUKHEE LEE



PHILOSOPHY AND RELIGION



TUE | 19 DEC | 10:15 A.M @ MADRAS BOAT CLUB

JULIET RAMAMURTHY AND PENNY SMITH

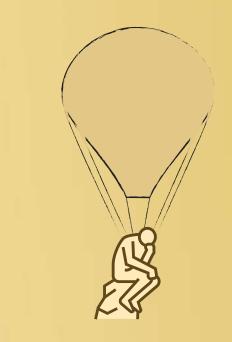
CULTURAL CAROLS : AN ANGLO INDIAN- CHRISTMAS CELEBRATION

DEEPA RAMAPRASAD CATHERINE REDDY



PHILOSOPHY AND RELIGION

Date: Tue, 19th December Time: 10:15 a.m Venue: Madras Boat Club, 2, 3rd Avenue, Boat Club Road, R.A Puram, Chennai - 600 028.



CULTURAL CAROLS: AN ANGLO-INDIAN CHRISTMAS CELEBRATION.

The Anglo-Indian community continues to preserve the European customs and festivals all over India. They have maintained the old traditions and celebrate Christmas with zeal and piety. Blending customs with enthusiasm with which generations of Anglo-Indian families once stirred fruits, nuts, candied peels, flour, brandy and even coins into the delectable gooey mix that go into Christmas cakes and puddings.

In Anglo-Indian Christmas celebrations, you'll find a fusion of British and Indian traditions. This diversity of

traditions makes the celebrations distinctive and enriching, combining the best of both cultural worlds.

Juliet Ramamurthy and Penny Smith, will tell us about the distinctive flair of Anglo Indian Christmas celebrations from their unique culinary fusions to the incorporation of diverse cultural elements, exploring these rich traditions promises an enriching discussion.

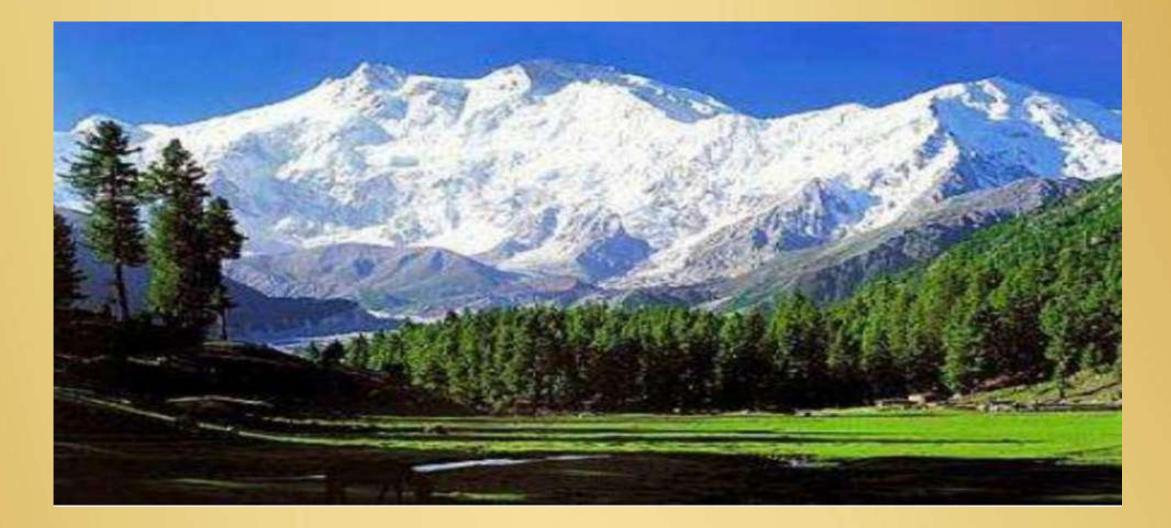
The Christmas spirit often finds expression through various dances during celebrations. Some of our IWA members will show how dancing becomes a vibrant reflection of the joy and cultural fusion that characterizes the holiday season in the Anglo-Indian community.

We thank Eira Doshi and Aruna Vijaykumar for sponsoring this meeting. We thank Geetha Muthusamy being our day facilitator.

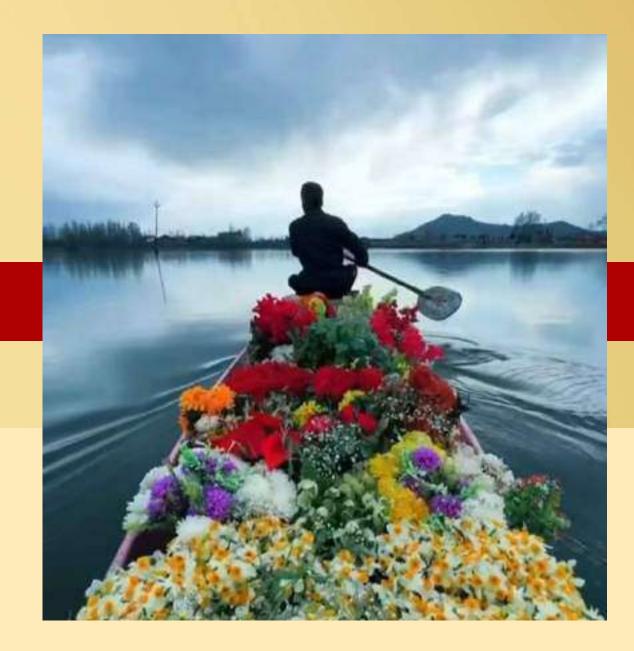
DEEPA RAMAPRASAD

CATHERINE REDDY

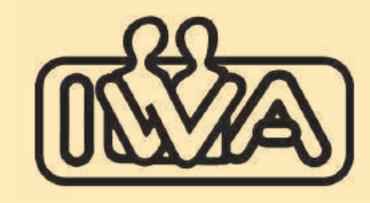
HISTORY, CULTURE AND TOURS







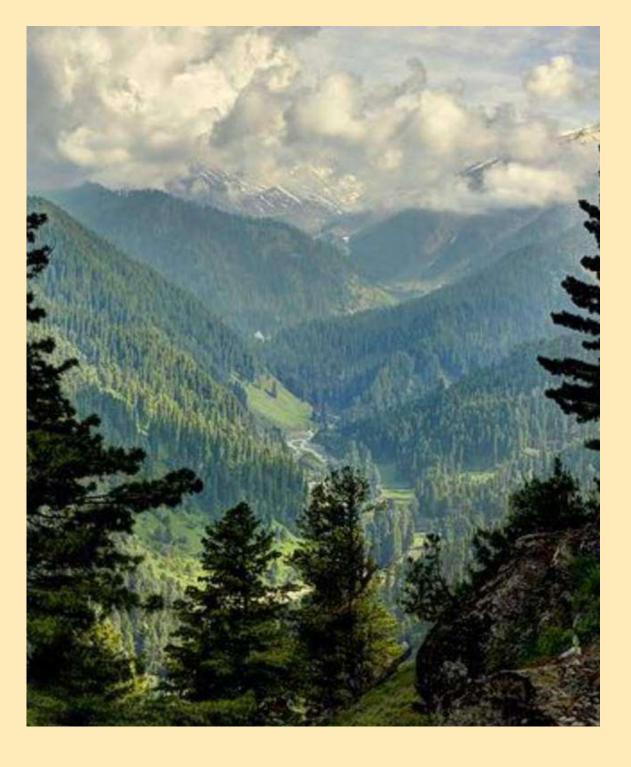




THE KASHMIR ODYSSEY

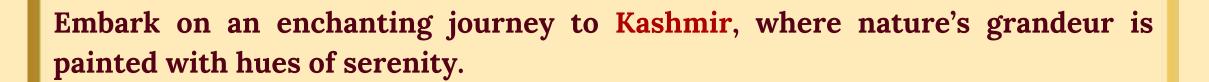
3RD APRIL-10TH APRIL 2024

JAYA MAHBUBANI ROHINI TUMMALA



HISTORY, CULTURE AND TOURS

THE KASHMIR ODYSSEY



We begin our tour in Srinagar, the crown gem of Kashmir, as it reveals its allure along the banks of Dal Lake. Ride a shikara along its peaceful waterways, past floating gardens and antique structures. The Tulip Gardens are in full bloom in April, a kaleidoscope of colours that matches the legendary tulip fields of Holland. The symmetrical beauty of the Mughal Gardens gives a tranquil refuge, while the old Shankaracharya Temple affords panoramic views of the valley.

In Srinagar, we stay in a 14-suite boutique hotel set away on the shores of Nageen Lake. Dar-es-salam with its gorgeous grounds, Art Deco architecture, and interiors with outstanding Kashmiri craftsmanship, is the ideal spot to unwind after a day of touring Srinagar.

Then we head to Gulmarg, where snow-capped peaks give way to blooming meadows. The Gulmarg Gondola, against a backdrop of azure skies, unveils breathtaking views as we ascend Apharwat Peak. Other unusual activities in Gulmarg include a trip to Strawberry Valley and an ATV ride. Stay at the

Highland Park hotel and experience Gulmarg as a visual symphony of rejuvenation.

Pahalgam, a peaceful retreat located beside the Lidder River, invites you to relax in its meadows and pine-scented air. Travel through the Betaab Valley, where the beauty is reminiscent of a Bollywood romance. Enjoy lunch by the river and a drive through apple orchards. ITC Pine and Peak is the perfect place to spend your evening and relish your kahwa, surrounded by thick pine trees and snow-capped mountains.

Join us on this Kashmir Odyssey as we weave together the threads of adventure, tranquility, and cultural richness. Immerse yourself in the rhythm of this land, where every moment is a brushstroke on the canvas of a timeless travelogue.

Date : 3rd April -10th April 2024

Cost : ₹1,28,000/- (not inclusive of air fare).

We have 28 spots available, book yours by calling – Jaya – 98846 87986 Rohini – 99890 98640 Last date –30th November.

JAYA MAHBUBANI

ROHINI TUMMALA

IWA DEEPAVALI KONDATTAM





























































































"INDIAN INFLUENCE ON MALAY TEXTILES"-JOHN ANG



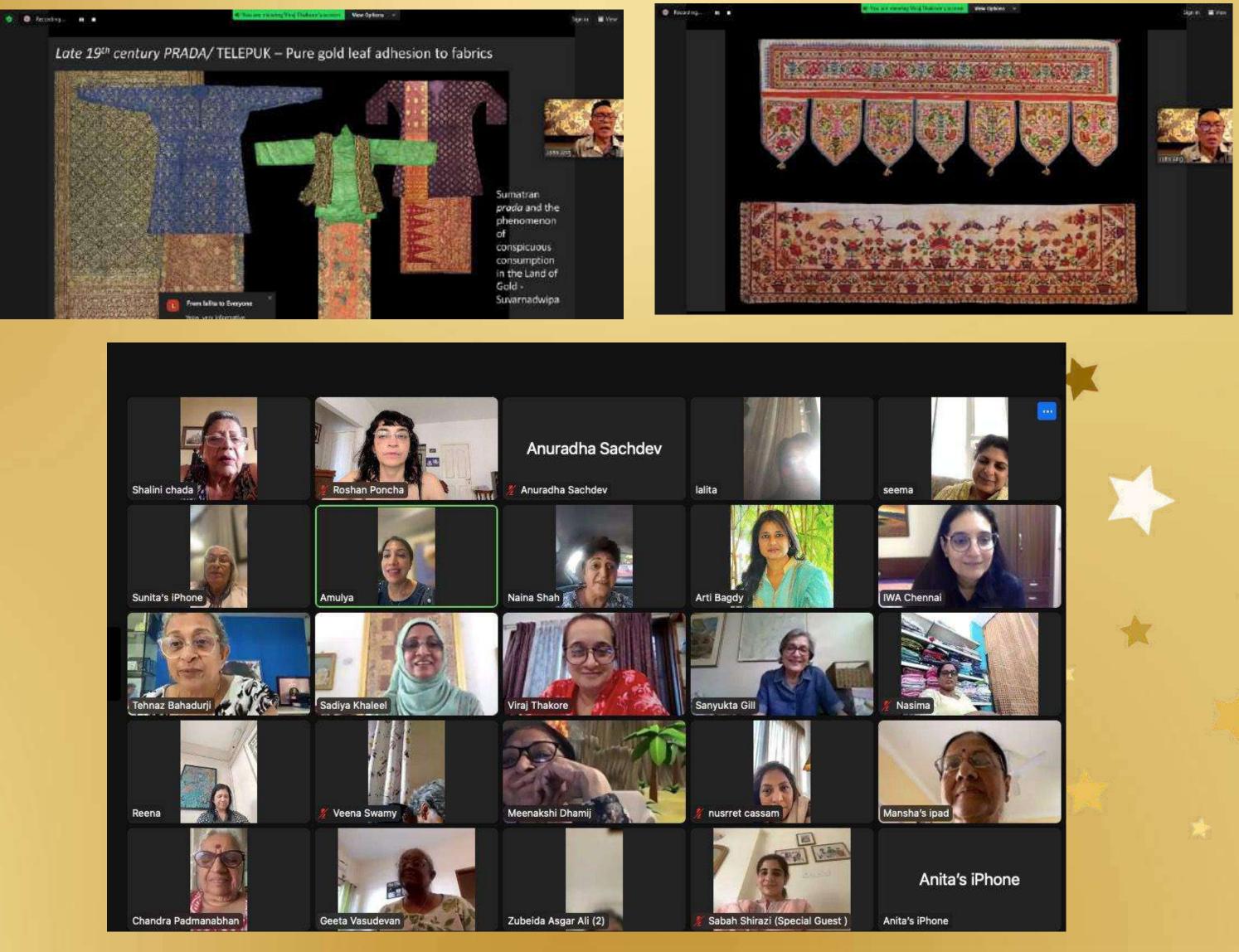
ROMANCE BETWEEN INDIA AND THE MALAY WORLD AS SEEN THROUGH THEIR TEXTILES

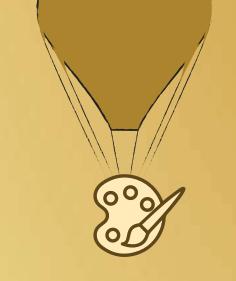
Recording

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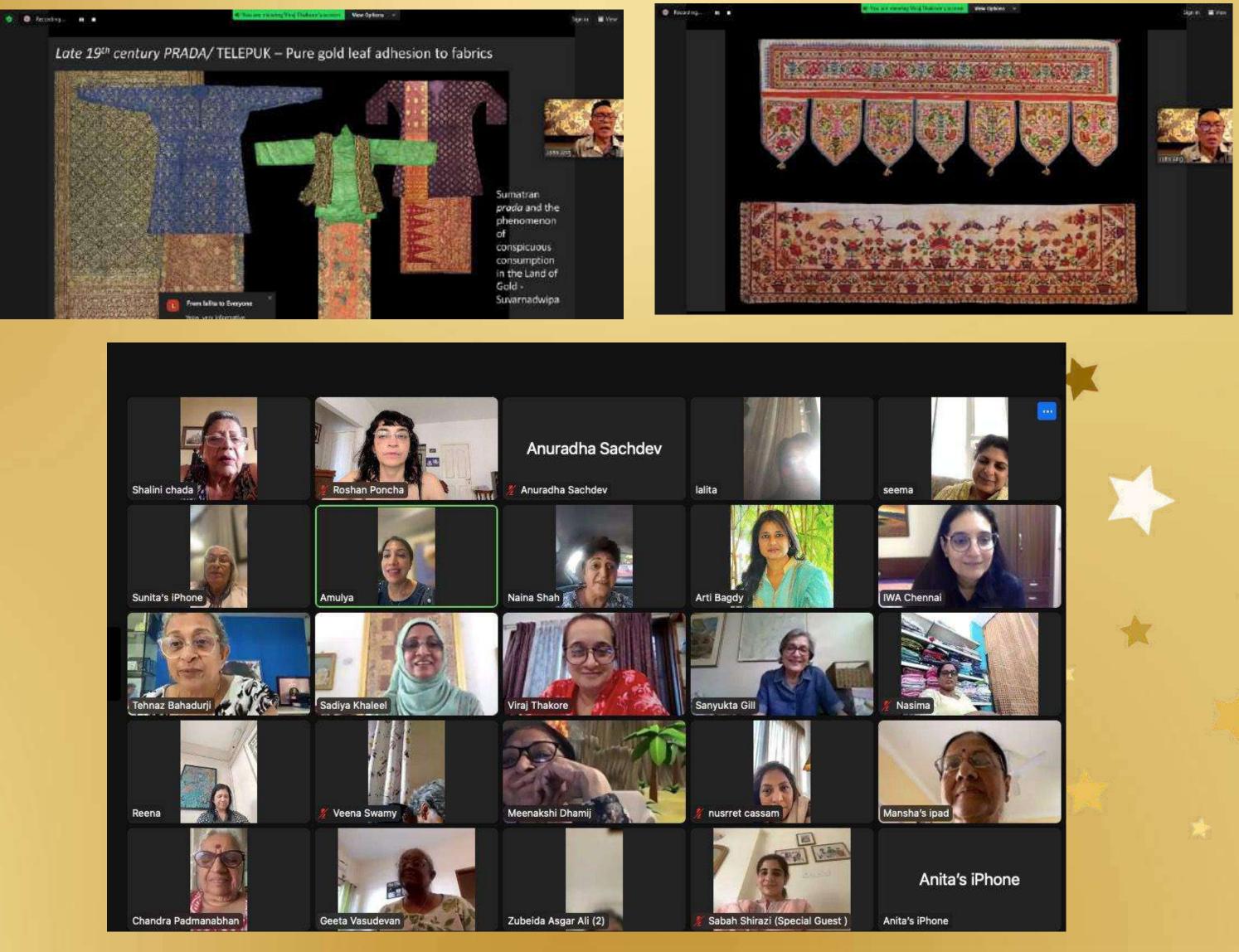
John Ang Textile Collector Malaysia





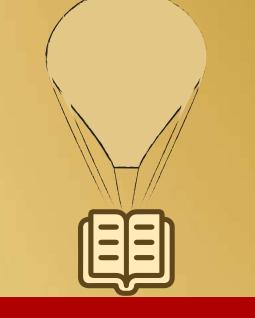


ARTS & HANDICRAFTS



"WHEN THE SPIRIT WINS OVER THE BODY"-HARI BASKARAN





BOOK DISCUSSION









HEIRLOOM FOOD STORIES





COOKING SWAPSHOP



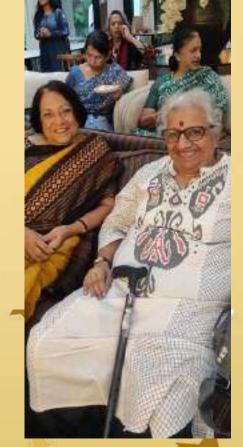
































"DESTINY'S CHILD"-**RAGHU PALAT & PUSHPA PALAT**



HISTORY, CULTURE & TOURS









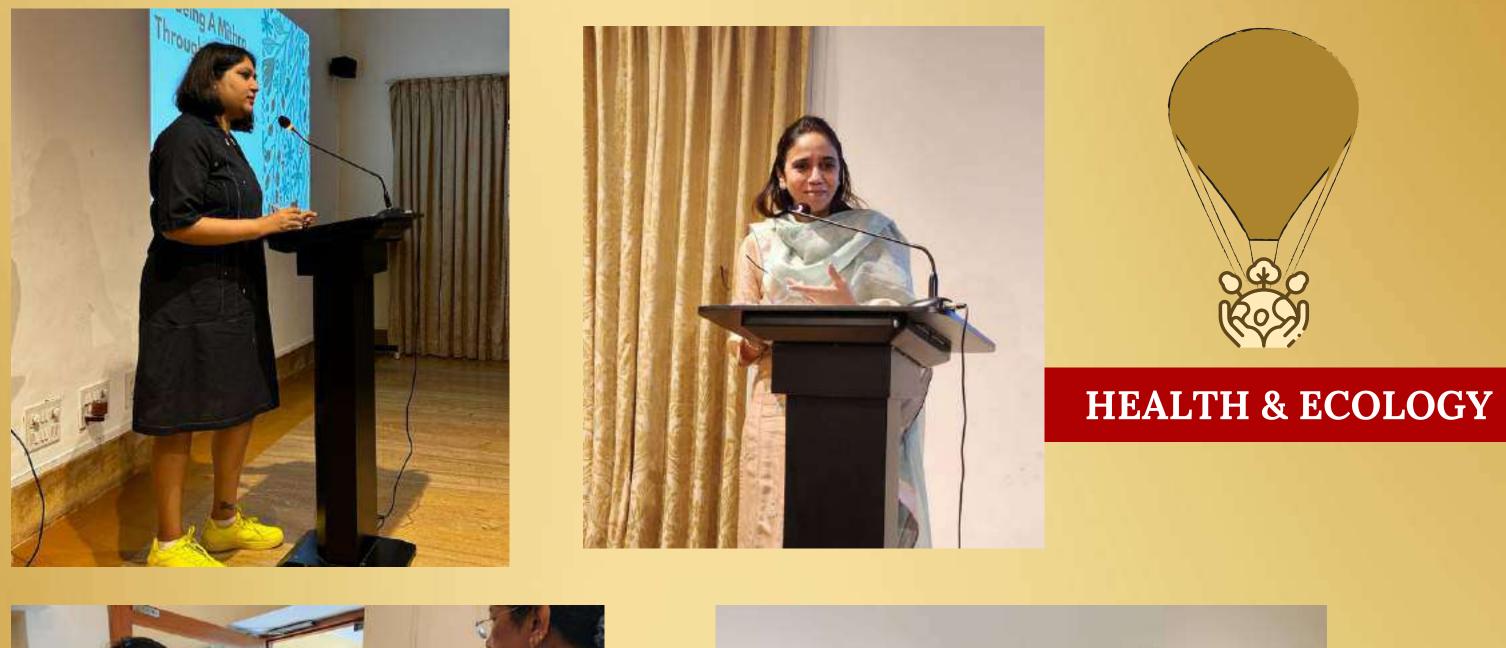


Maharaja Rama Varma XVI





"MENOPAUSE AND IT'S IMPACT ON MENTAL HEALTH"- BHAIRAVI PRAKASH













"BHARATANATYAM - BORN OUT OF A RELIGION AND IT'S PHILOSOPHY BUT REACHES BEYOND"-PRIYADARSINI GOVIND











PHILOSOPHY & RELIGION













CHILD PRODIGY - CHENNAI'S NIGHTINGALE-NEHA GIRISH





MUSIC & PERFORMING ARTS

30







