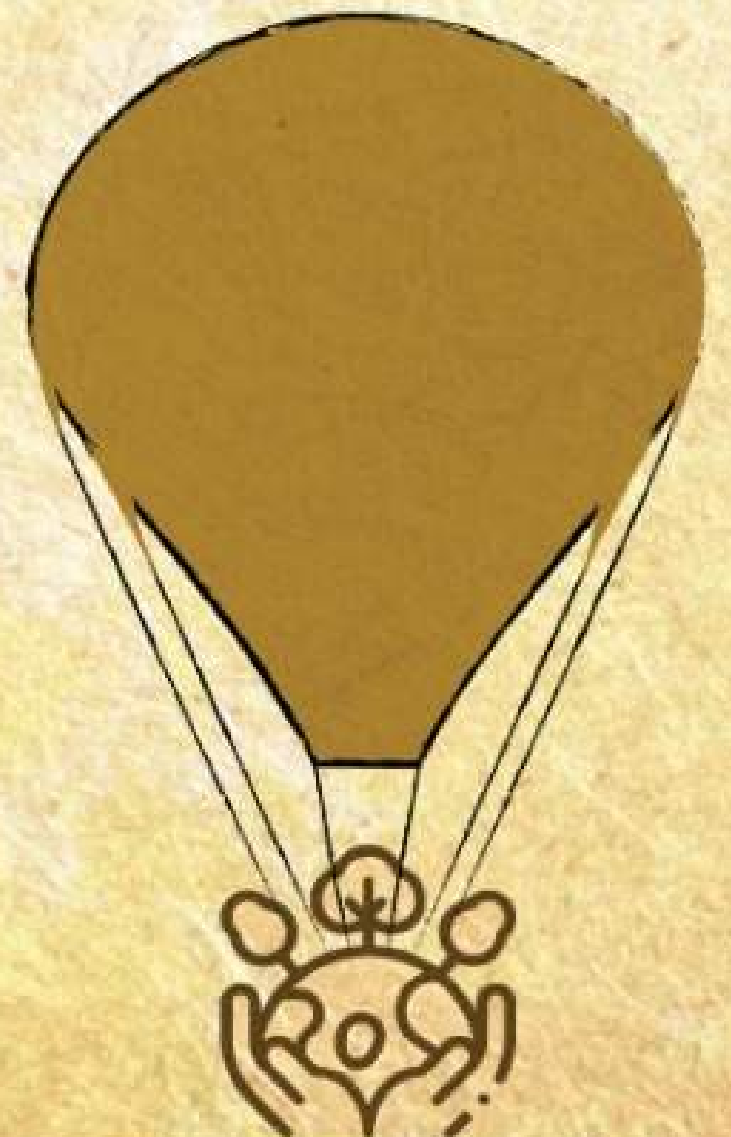
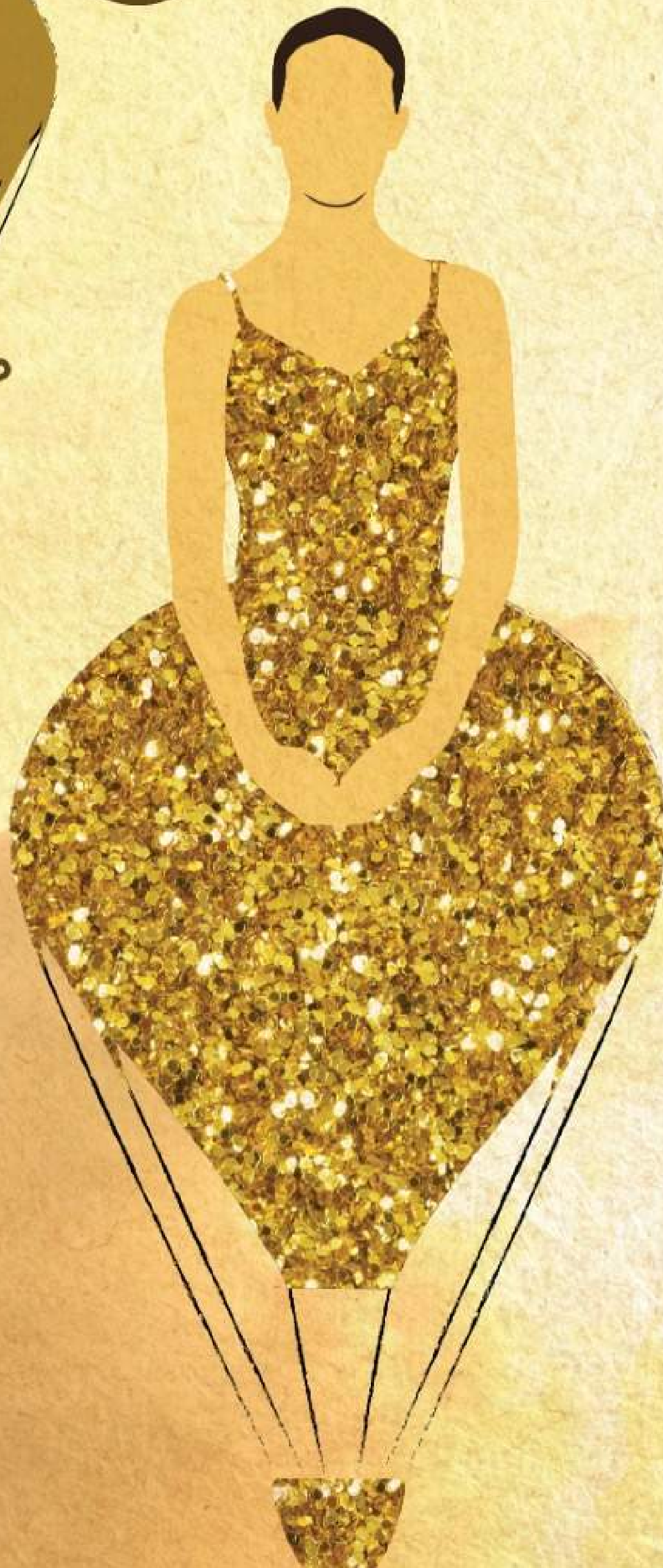
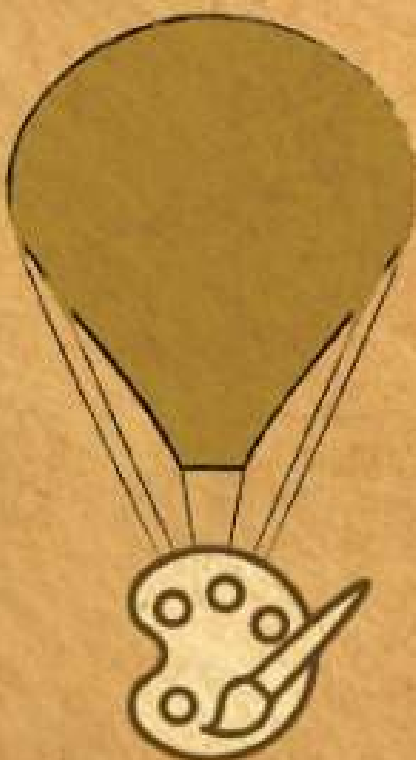
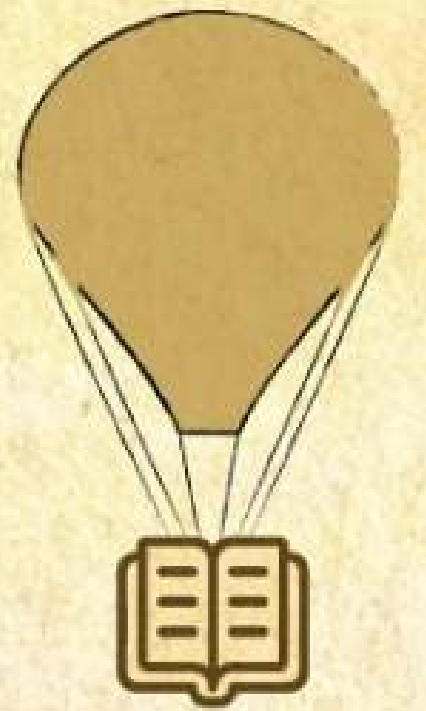
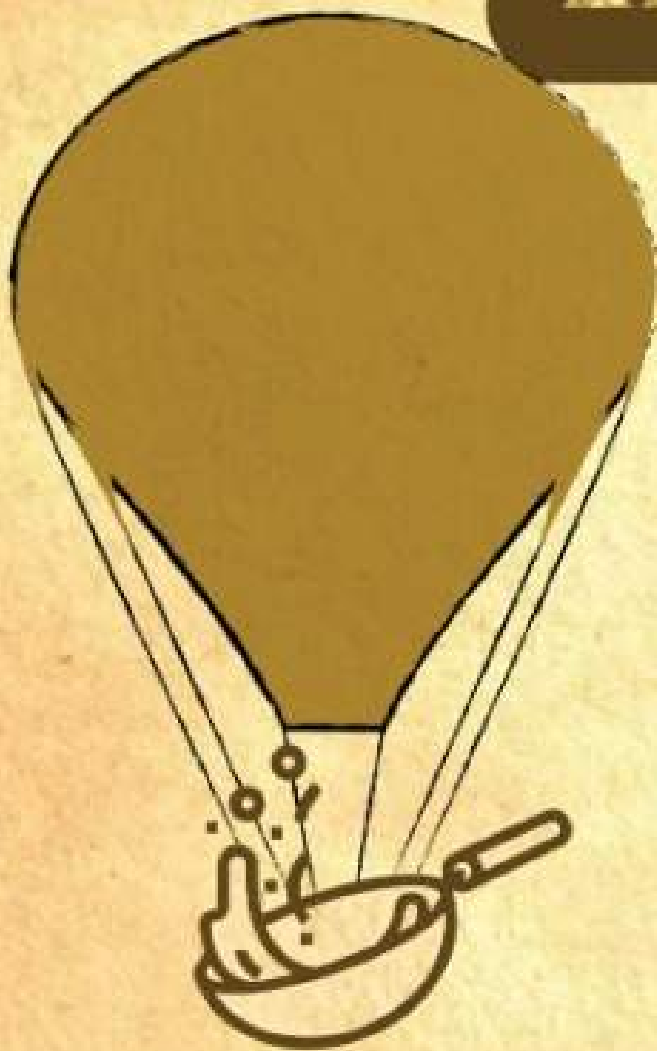
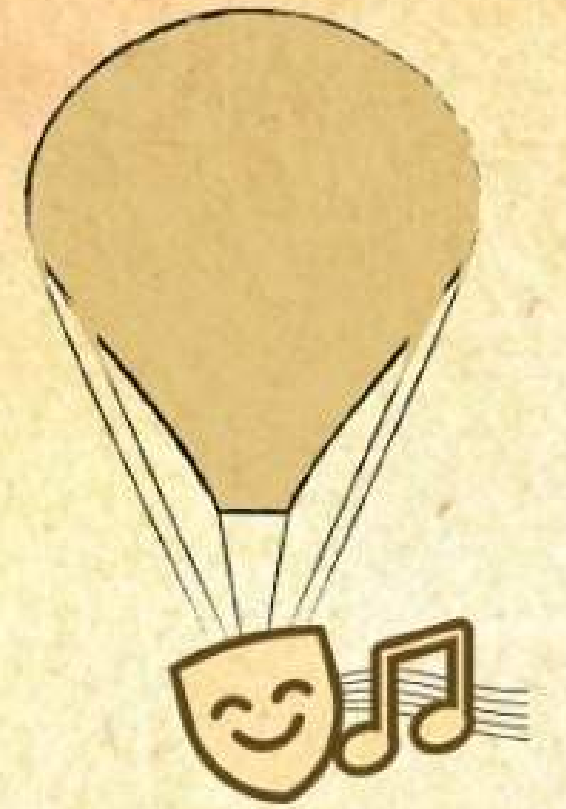
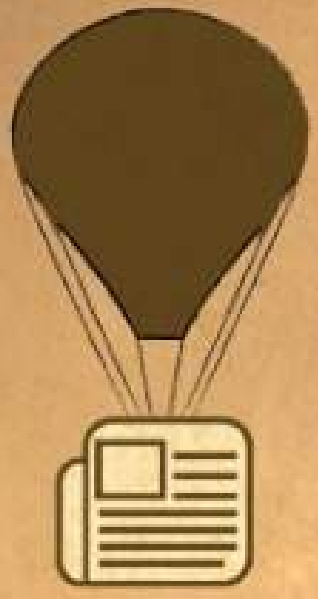




Around the World in 8 Ways



October 2023

EXECUTIVE COMMITTEE

2023-2024

1

Managing Committee

Presidents	Ritu Sahi	93828 81478	ritusahi@hotmail.com
	Sanyukta Gill	98404 15677	sanyukta_g@yahoo.com
Vice Presidents	Sadiya Khaleel	98840 50686	sadiya2yk@yahoo.co.in
	Raylsi R Ballhatchet	+4479384 55591	rayballhatchet@gmail.com
Secretaries	Somna Sachdev	98410 22922	sachdev.somna@gmail.com
	StefanieAndruchowitz	63802 83166	s.andruchowitz@gmail.com
Treasurers	Deepali Goyal	98404 42260	deepali_gyl@yahoo.com
	Swati Reddy	98841 77777	swati_reddy@yahoo.com

Activity Chairpersons

Arts & Handicrafts	Nusrret Cassam	98403 77872	nusrretcassam@gmail.com
	Viraj Thakore	89399 33433	thakoreinc@gmail.com
Book Discussion	Rajshri Sundrani	88702 77779	rajshri.linesh09@gmail.com
	Sushi Goklaney	98401 04822	sushigoki24@hotmail.com
Cooking Swapshop	Shefalii Dadabhoy	97898 89955	shefnochef@gmail.com
	Anjali Sacheti	98840 56000	anjali456@gmail.com
Current Events	Rekha Rangaraj	98407 47561	rangaraj.rekharaman@gmail.com
	Sukhee Lee	8668090691	sukheele702@gmail.com
Health & Ecology	Rinku Mecheri	98400 51172	rinku@chennaivolunteers.org
	Nalini Panday	98849 58629	nalini.panday@gmail.com
History, Culture & Tours	Jaya Mahbubani	98846 87986	jnmahbubani@gmail.com
	Rohini Tummala	99890 98640	rohinigopinath@hotmail.com
Music & Performing Arts	Jyothi Ganesh	98400 97298	jyothi1963@gmail.com
	Jansi Kishore	98415 89896	jansi_k@hotmail.com
Philosophy & Religion	Deepa Ramaprasad	98410 44886	deeparamaprasad@hotmail.com
	Catherine Reddy	63819 77392	catherinecapozzi@gmail.com

3rd

Tue 10:00 a.m **Managing Committee**
11:00 am **Executive Committee**
@ Zoom

BOARD EVENT

4th

Wed 3:15 p.m. **International Music Day**
@ Shamiana, Madras Club
Steven Samuel Devassy

5th

Thu 10:15 a.m. **Arts & Handicrafts**
@Sri Sankara Hall
Viraj Thakore

10th

Tue 10:15 a.m. **History, Culture & Tours**
@ Sage and Lavender
Kausalya Santhanam

12th

Thu 10:15 a.m. **Current Events**
@ MRC Nagar
T.S Tirumurti

17th

Tue 10:15 a.m. **Health & Ecology**
@ Hanu Reddy Residences
Bhawna Sirohi

26th

Thu 10:15 a.m **Philosophy & Religion**
@ E- Hotel
Malini Narasimhan

31st

Tue 10:15 a.m **Music & Performing Arts**
@ E-Hotel
Shweta Prachande

FROM THE PRESIDENTS

Dear IWA friends,

We begin the month with the **International Music Day** on Wednesday the 4th of October at 3.15 pm at Shamiana, Madras Club. We fondly remember our Founder President, **Nirmal Seshadri** as we celebrate this event in memory of her. We thank the **Music Committee** for identifying the young awardee.

Please mark your calendars - **IWA Deepavali Celebrations** will be held on the 3rd of November at the Mayor Ramanathan Chettiar Centre.

The **Khazana Stall** is popular due to your generous contributions. Those who would like to contribute are requested to hand over the same to **Deepali Goyal** or to any Board Member or Activity Chairpersons. You can choose a MC or EC member close to you.

September was a busy month and our Activity Chairpersons have set up fascinating meetings for October too!

RITU SAHI

SANYUKTA GILL

Hello Ladies,

If you are planning to sponsor a worthy candidate for IWA this year, please do remember to be present with all the necessary documents on Friday, the 6th of October 2023 between 3:00 p.m and 5:00 p.m at The Boat Club.

Please do check the September newsletter for all the details to sponsor a candidate.

In addition to all the documents mentioned in the September Newsletter please make sure a passport size **photograph of the candidate is also included.**

Incomplete applications will not be accepted.

The sponsor and/or co-sponsor should carry these documents to the stated venue and hand them over personally.

We look forward to this wonderful opportunity to include vibrant personalities in our unique and special organisation.

Thank you.

SOMNA SACHDEV

FROM THE MEMBERSHIP SECRETARY

IWA is pleased to welcome the following members to the **Temporary Non-Indian** category:

MAJA PANDURO KYK

(K-11, Denmark)
C-10, Chand, Mico Colony,
4th Avenue,
Besant Nagar,
Chennai 600090
Mobile: 7845845827

BETTINA KJELDGAARD

(K-12, Denmark)
15, VGP South Street,
Panaiyur,
Chennai-600119
Mobile: 7338870824

FABIENNE FIGUERO

(F-01, France)
Goodwood Residence, Unit 2F,
3 Cenotaph Road,
Alwarpet,
Chennai-600018
Mobile: 8925099974

We hope that they enjoy the enriching experiences that IWA offers to all its members.

SOMNA SACHDEV



INTERNATIONAL MUSIC DAY



**Wed | 4th Oct | 3:15 p.m
@ Shamiana, Madras Club**

STEVEN SAMUEL DEVASSY

RITU SAHI

SANYUKTA GILL

THE MANAGEMENT & EXECUTIVE COMMITTEES

INTERNATIONAL MUSIC DAY

7



Date: Wed, 4th October 2023

Time: 3.15 p.m

Venue: Shamiana, Madras Club

International Music Day is an annual celebration on the IWA calendar that has been observed for nearly two decades. Each year, on October 1st, IWA commemorates International Music Day in honour of its founder, **Nirmal Seshadri**, who was renowned for her passion for music and the performing arts. In 2003, in tribute for her love for music, her family established an award to recognize a young and talented performer annually.

After careful consideration of all applications, the Music Committee for 2023-2024, led by Chairperson **Nina Kothari** and including committee members **Hemu Ramaiah, Javanthi Singaram, Padmavathy Gunashekar, and Rathi Nilakantan**, has chosen **Steven Samuel Devassy** as this year's awardee.

Steven Samuel Devassy is internationally acclaimed as one of the fastest child percussionists globally, known for his dynamic performances, exceptional singing, percussion skills, and overall musical prowess. He holds the distinction of becoming the youngest artist to complete the Trinity College of London Grade 8 drum exams at the age of 10, achieving a record score. **Steven** has received numerous awards and accolades for his remarkable talents.

Furthermore, **Steven** serves as a Brand Ambassador for the prestigious international cymbal company, Zildjian, and has already shared the stage with leading artists in India. Despite his young age, **Steven** has captivated audiences worldwide with his exceptional musical talents.

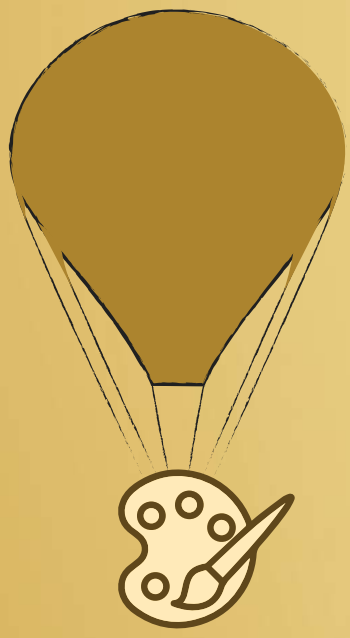
We invite you to join us in honoring this exceptionally talented young artist, who will grace us with his performance.

We extend our heartfelt appreciation to **Nina Kothari** for hosting this event. We also express our gratitude to the diligent efforts of the **Music Committee** in selecting a deserving recipient. We greatly appreciate **Sushila Natraj's** willingness and efforts to provide the citation.

Please note that this event is exclusively for members.

Ritu Sahi

Sanyukta Gill



ARTS AND HANDICRAFTS



Kantha work depicting a version of Georgia O'Keeffe

THU | 05 OCT | 10.15 A.M
@ SRI SANKARA HALL

VIRAJ THAKORE

“

**KANTHA EMBROIDERY - HEARTFELT
GIFTS FOR ALL**

NUSRRET CASSAM
VIRAJ THAKORE

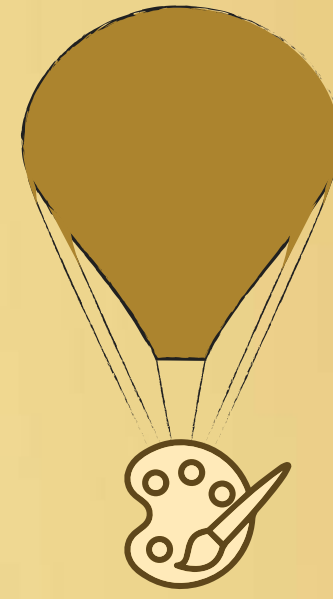


ARTS AND HANDICRAFTS

Date: Thu, 5th October

Time: 10.15 a.m.

Venue: Sri Sankara Hall,
Old No.267 New, No 281,
T.T. Krishnamachari Road,
Alwarpet,
Chennai-600 018.



CREATING HEARTFELT GIFTS FOR ALL

Viraj Thakore is a new IWA member and a textile artist. Her mother started her on this journey when she was ten. She has been an educator most of her life. Her delve back into textiles happened in a depthful manner in the last ten years. Her creativity has been challenged each day in making varied pieces of textiles from bags, home goods and quilts. She utilizes different varied textile mediums to create her pieces. She has taught her art to many in the US and Singapore. She will be taking us through a journey of Kantha embroidery.

Kantha embroidery originated in India, but is best known from the area of Bengal and Bangladesh. The word Kantha means “patched cloth.” It is rightly called a **recycling art**. As it was old dothis and sarees which were the original source of Kantha threads, the traditional colours were yellow, red, green, black and blue. Nowadays, chemical colours and variations can be found, which also creates beautiful pieces.

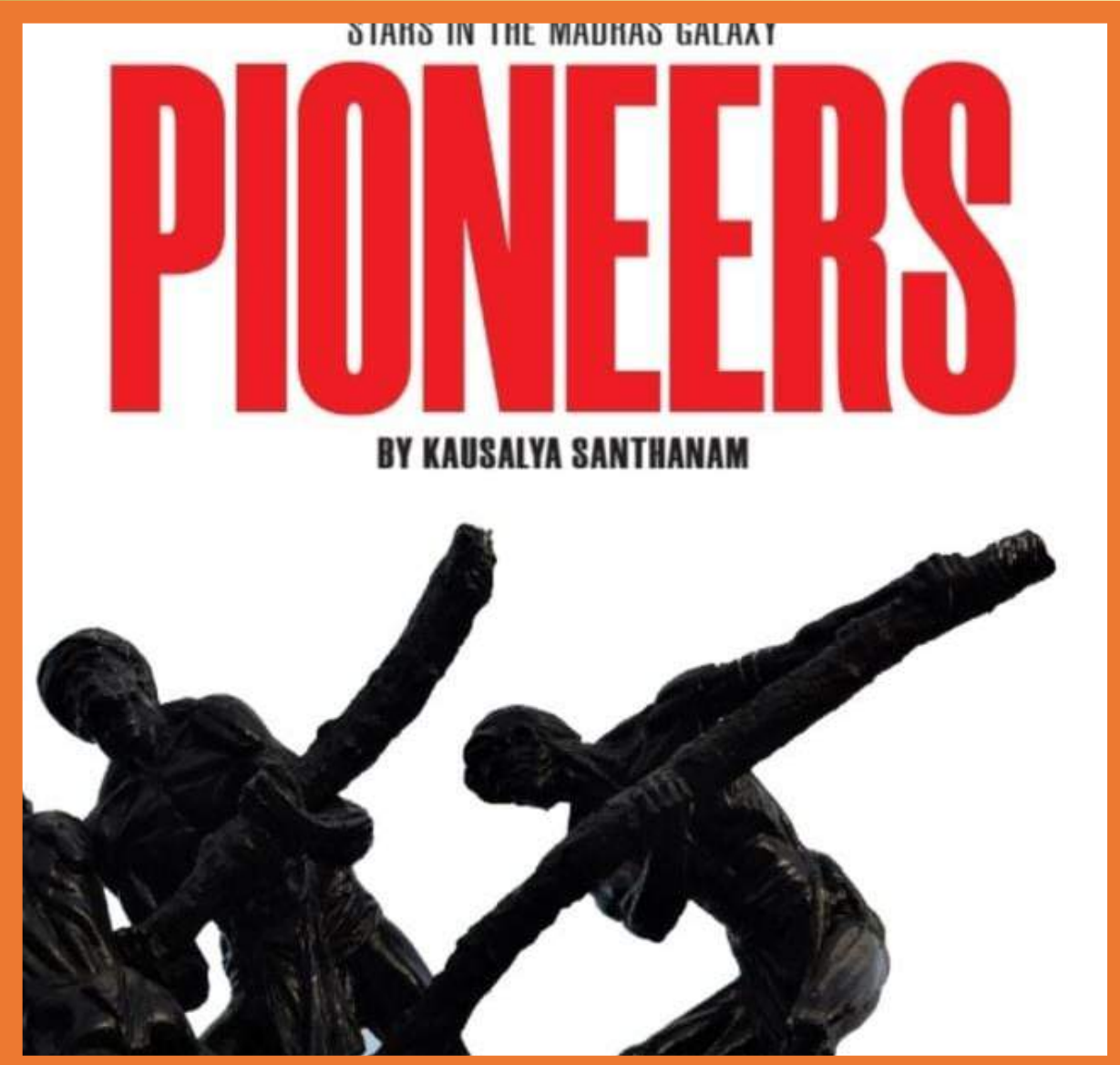
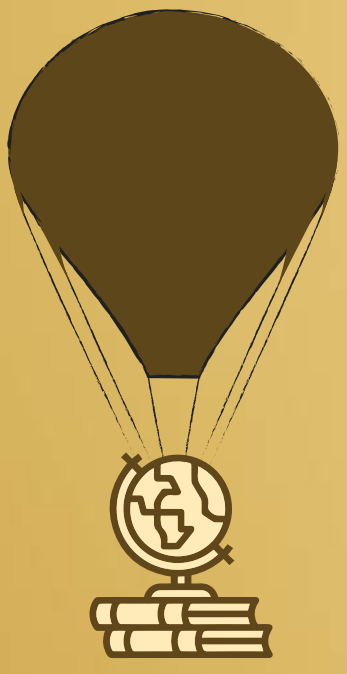
Let us enjoy a workshop with Viraj Thakore on Kantha.

We thank **Usha Saravanan** for the venue. We thank **Archana Meiyappan** for being the day facilitator.

This is a warn-in workshop meeting only for 40 members. Please WhatsApp **Viraj Thakore** @ 89399 33433 to reserve your seat.

NUSRRET CASSAM

VIRAJ THAKORE



**TUE | 10 OCT | 10:15 A.M
@ SAGE AND LAVENDER**

KAUSALYA SANTHANAM

“

**PIONEERS-STARS IN
THE MADRAS GALAXY**

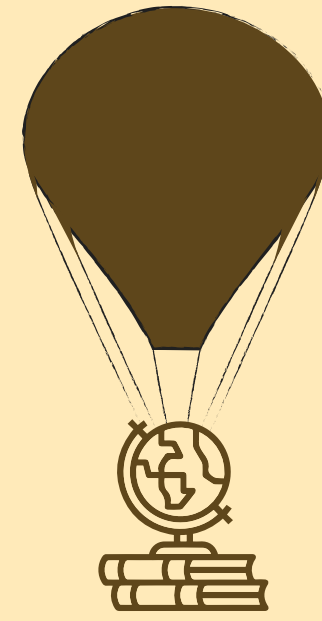
**JAYA MAHBUBANI
ROHINI TUMMALA**



Date: 10th October

Time: 10:15 a.m

Venue: Sage and Lavender,
279,TT Krishnamachari Road,
Next to Old Madras Baking Company,
Chennai-600 018.



PIONEERS-STARS IN THE MADRAS GALAXY

"Pioneers- Stars in the Madras Galaxy", authored by our very own IWA member, **Kausalya Santhanam**, has been recently published by The Hindu. The book celebrates extraordinary men and women and is a compilation of articles written by **Kausalya** in the column "**Pioneers**". It appeared every fortnight in the Friday Review of the newspaper in 1994.

26 distinct personalities, 12 different professions. Do you know any of them?

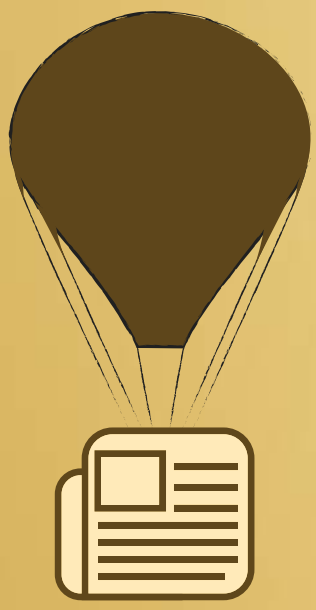
We invite you to come meet them and pay tribute to our city by hearing of their remarkable achievements, sharing a slice of our wonderful history.

Kausalya has been a journalist for nearly three decades, working as Deputy Editor and Features Writer of The Hindu.

We thank **Brahada Kameshwaran** for being our day facilitator.

JAYA MAHBUBANI

ROHINI TUMMALA



THU | 12 OCT | 10:15 A.M
@ GOWRI TIRUMURTI'S
RESIDENCE

T.S TIRUMURTI

“

GLOBAL CHALLENGES AND THE
ROLE OF UNITED NATIONS

REKHA RANGARAJ
SUKHEE LEE



CURRENT EVENTS

Date: Thu, 12th, October.

Time: 10:15 a.m

Venue: Gowri Tirumurti,

“Krish”,

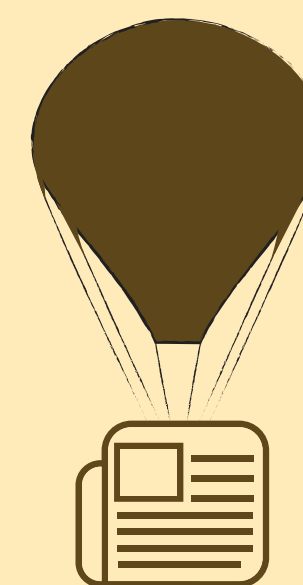
5 Janaki Avenue,

MRC Nagar

Chennai - 600 028

(Adjacent to MRC Medical Center)

Valet parking available



GLOBAL CHALLENGES AND ROLE OF UNITED NATIONS

Mr. T.S. Tirumurti served as Indian Ambassador/Permanent Representative of India to the UN in New York.

With a diplomatic career spanning 37 years, **Mr Tirumurti** is experienced and hugely accomplished and has a vast body of experience and learning to share with us.

With global challenges facing us in the form of conflicts, humanitarian issues, climate change, terrorism etc, he will provide us with an overview of some aspects of these global challenges and a focus on the role of the United Nations in the context of women related issues.

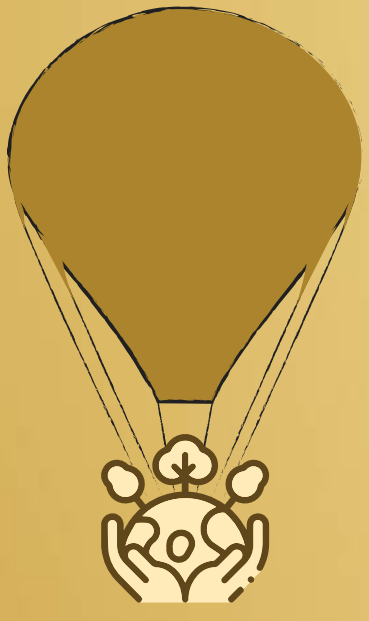
Our heartfelt gratitude to **Lalitha Krishnan** for hosting this meeting, and her daughter **Gowri Tirumurti** for opening her home to IWA.

This is a warn in meeting, please warn in with **Sadiya Khaleel** @ 98840 50686.

Guests are welcome.

REKHA RANGARAJ

SUKHEE LEE



TUE | 17 OCT | 10:15 A.M
@ HANU REDDY RESIDENCES

DR. BHAWNA SIROHI

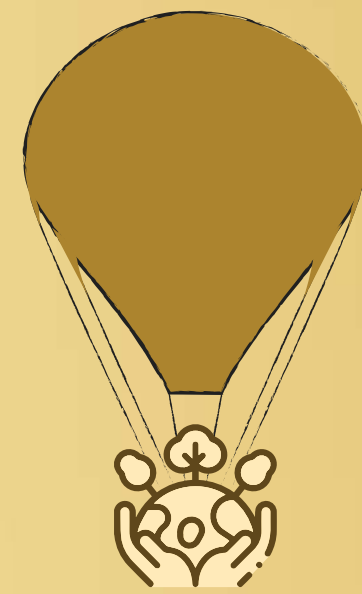
“

PINK IS STRONGER THAN YOU THINK

RINKU MECHERI
NALINI PANDAY



Date: Tue, 17th October,
Time: 10:15 a.m
Venue: Hanu Reddy Residences,
39/18, Binny Road,
Poes Garden Road,
Chennai 600 086.



PINK IS STRONGER THAN YOU THINK

IWA member, **Dr Bhawna Sirohi** is the Medical Director at BALCO Medical Centre, Raipur and a Breast Medical Oncologist. She has more than two decades of experience as an oncologist in UK & India. Having qualified as an oncologist from Tata Memorial Centre, Mumbai, she further completed her training at Royal Marsden NHS Foundation Trust, UK. She has published more than 150 papers in national and international journals and has lectured worldwide.

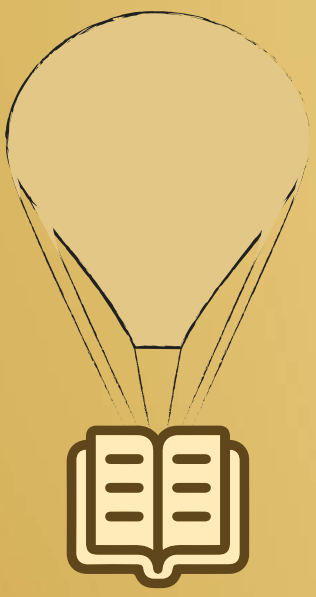
She has been involved in varied capacities to create cancer awareness in India be it through cancer screening camps in various states to the initial setting up of cancer centers in the private or public sector to enabling protocols and procedures for safe care of patients. She is deeply involved with charities like **CanSupport** and has even set up a charity New India Cancer Charity Initiative or NICCI.

October is the month of breast cancer awareness and the theme for 2023 is Breast Cancer Prevention. So, importance of screening, prevention, early detection and treatment will be the focus of her talk.

We thank **Rani Chandani** for being our Day Facilitator.

RINKU MECHERI

NALINI PANDAY



THU | 19 OCT | 3:15 P.M
@ 3, 3RD STREET,
KASTURI ESTATE

G.S.KALPAKKAM

“

**GOLU ARRANGEMENT-MIXED FLAVOUR
OF HISTORY, TRADITION AND CULTURE**

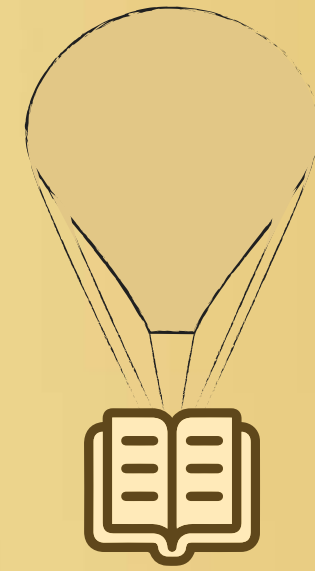
RAJSHRI SUNDRANI
SUSHI GOKLANEY



Date: Thu, 19th October.

Time: 3.15 p.m

Venue: 3, 3rd Street,
Kasturi Estate,
RadhaKrishna Salai,
Chennai-600 086



GOLU ARRANGEMENT-MIXED FLAVOUR OF HISTORY, TRADITION AND CULTURE

Navratri is a nine day autumn festival revering the feminine divine. Although it is recognised across the length and breadth of India , the long standing **tradition of Golu** marks the celebrations here in the southern states.

At the age of 88 , **G.S. Kalpakkam** still continues this rich tradition which was started by her mother-in-law Sundari ammal.

G.S.Kalpakkam conceptualises the unique displays of Gowri dolls that depict scenes rooted in folklore, history, or our holy scriptures. The ideas behind the annual spectacular arrangements are usually planted 3 months in advance after they are nurtured just to come to life for the nine nights and ten days of Navratri. The underlying theme is always the victory of good over evil, which is what Navratri always stands for.

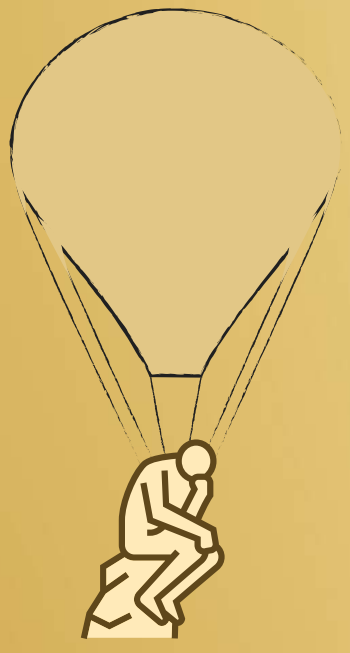
This year she opens the doors of her home for us to discover what is her theme this year and what prompts her to embark upon this rather strenuous but blessed journey year after year.

We thank **G S Kalpakkam** for hosting IWA at her home.

We thank **Kanta Gupta** for being our day facilitator.

RAJSHRI SUNDRANI

SUSHI GOKLANEY



**THU | 26 OCT | 10:15 AM
@ E-HOTEL**

MALINI NARASIMHAN

“

**EMBRACING ELEGANCE: THE ART
AND SYMBOLISM OF FLOWER MALAS**

**DEEPA RAMAPRASAD
CATHERINE REDDY**

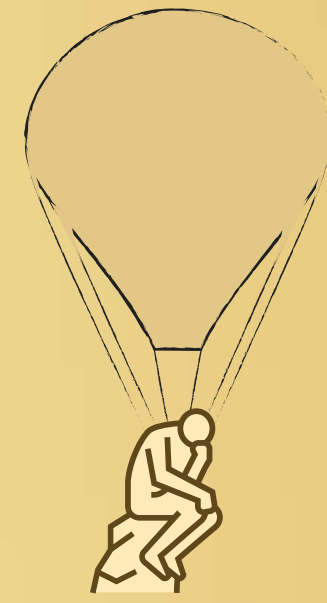


Date: Thu, 26th October

Time: 10:15 a.m

Venue: E-Hotel,

Gate No.1, Express Avenue Mall,
Pattullos Road,
Chennai 600 002.



"EMBRACING ELEGANCE: THE ART AND SYMBOLISM OF FLOWER MALAS"

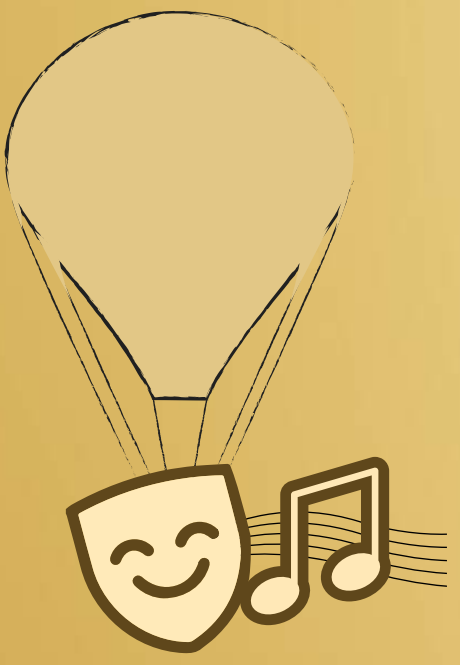
This enchanting event with acclaimed event planner **Malini Narasimhan** promises to be an enlightening session that dives deep into the historical significance and profound symbolism of **flower malas**, followed by a captivating demonstration of their creation. The talk will unveil the rich heritage of malas, tracing their origins across cultures and time, while elucidating the spiritual and cultural significance they hold. As participants delve into the world of floral adornments, they will gain a deeper understanding of how malas have been used as symbols of devotion, meditation, and celebration throughout history. After this enlightening discussion, the session will transition into a hands-on demonstration. Attendees will learn the intricate art of crafting different flower malas, infusing the room with the fragrance of creativity and spirituality. "Embracing Elegance" is an immersive experience that invites us to connect with the age-old tradition of malas, celebrating their beauty and the meaning they bring to our lives.

Malini Narasimhan is a renowned event planner and long-time member of the Crafts Council of Tamil Nadu. She has created countless flower installations throughout Chennai and has conducted several workshops for the craft councils of Delhi and Hyderabad. She is a passionate advocate for the dying art of traditional flower craftsmanship.

We thank **Jasmine Kabrajee** for being our day facilitator.

DEEPA RAMAPRASAD

CATHERINE REDDY



**TUE | 31 OCT | 10:15 AM
@ E-HOTEL**

SHWETA PRACHANDE

“

THOUGHT PROVOKING DANSEUSE

**JYOTHI GANESH
JANSI KISHORE**



Date : Tue, 31st, October

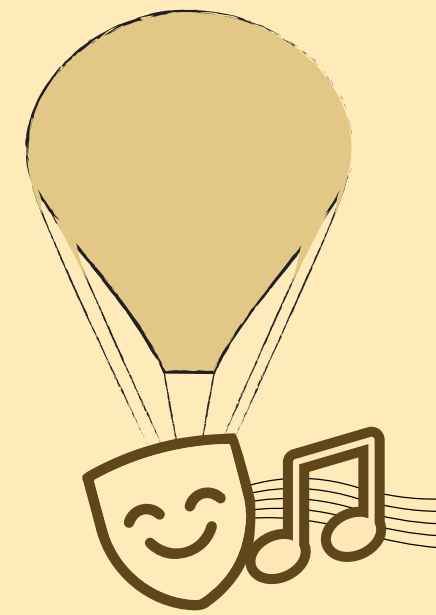
Time: 10:15 a.m

Venue: E-Hotel,

Gate No. 1, Express Avenue Mall,

Pattullos Road,

Chennai 600 002.



THOUGHT PROVOKING DANSEUSE

Shweta Prachande started learning Bharata Natyam at the young age of 5 and has been training under **Guru Smt. Priyadarsini Govind** in Chennai for over 15 years. Finding courage to pursue a full-time career in the art form upon encouragement from her guru, she is committed to building a holistic understanding of the arts. She was blessed with the opportunity to watch, learn, and assimilate through Abhinaya classes under **Guru Smt. Kalanidhi Narayanan**, and has also trained in nattuvangam, music and Tamil texts.

Shweta is the recipient of numerous awards, including the National Balashree from the President of India, the late **Dr. A.P.J. Abdul Kalam** in 2004. She is an ICCR empanelled artist and has represented the Subcontinent as the Indian delegate for the 2008 Commonwealth Day celebrations in Male, Maldives and the 2004 International Classical & Folk Music and Dance Festival in Kyrgyzstan.

In Chennai, **Shweta** is a regular performer as part of the Music and Dance season every year. With a deep commitment to continue exploring the versatility and sharing the joys of Bharata Natyam even in the wake of the Covid-19 pandemic, **Shweta** has tenaciously engaged in several avenues to do so. Taking impetus from her initial collaboration with Carnatic musician Rithvik Raja at the Society Dharani in Kochi in 2017, the duo paired up once again to present two other editions of Samvaada, virtual conversations through dance and music, for the Colorado Fine Arts Association and Ananya Bangalore.

Outside of her ventures with Bharata Natyam, **Shweta** was part of the first ever Indian Women's Rugby team to have represented the country in Thailand for the Asian Seven's in 2009. She also holds a Master's in commerce from Pune University.

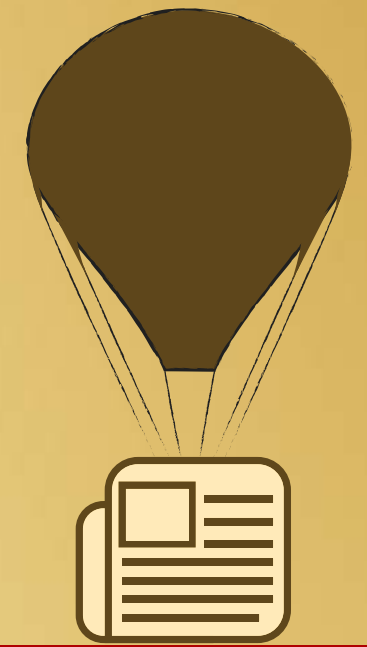
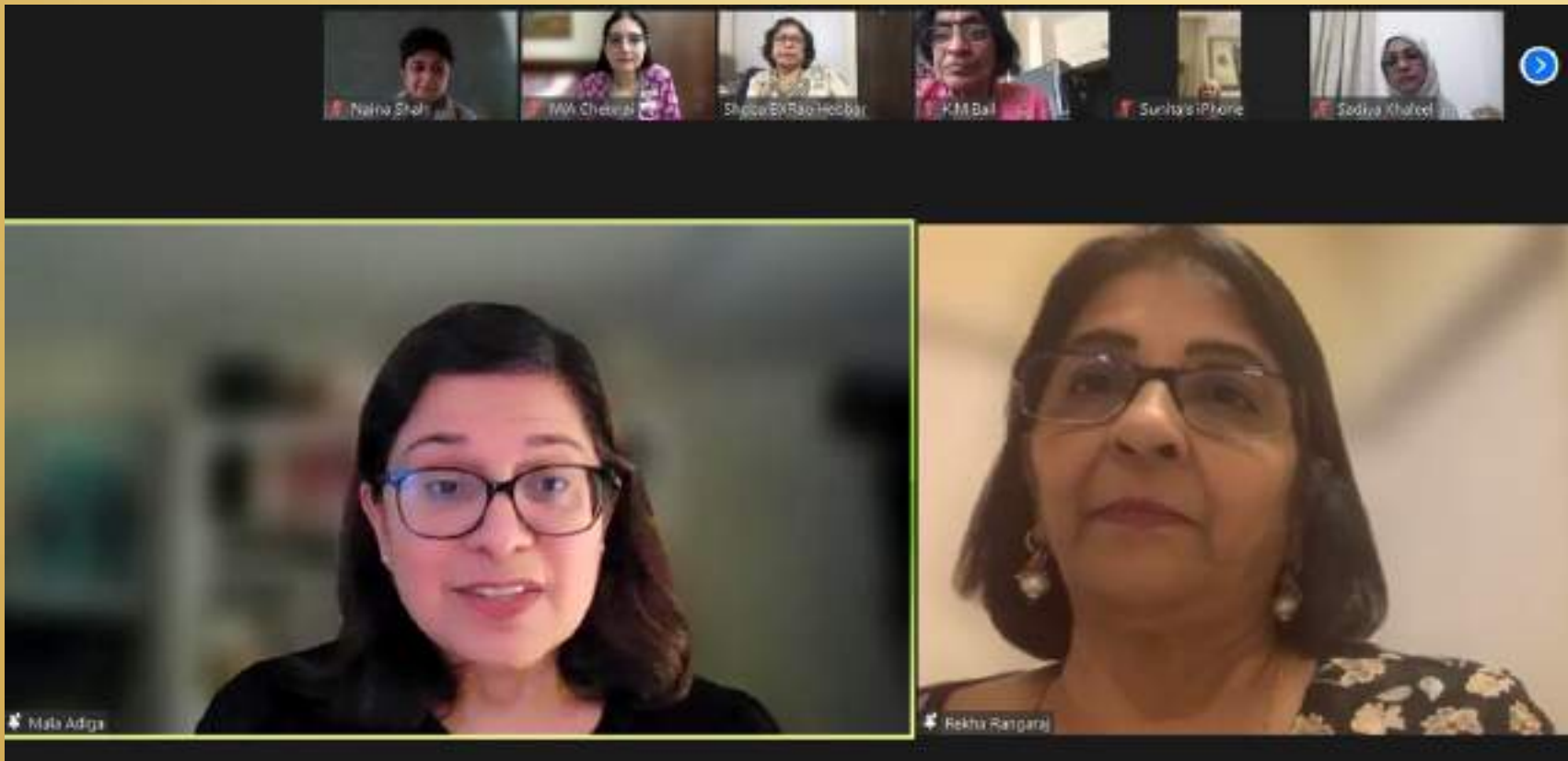
Join us for this lecture demonstration where Shweta will take us through the world of Choreography.

We are grateful to **Suma Eapen** for being the Day Facilitator.

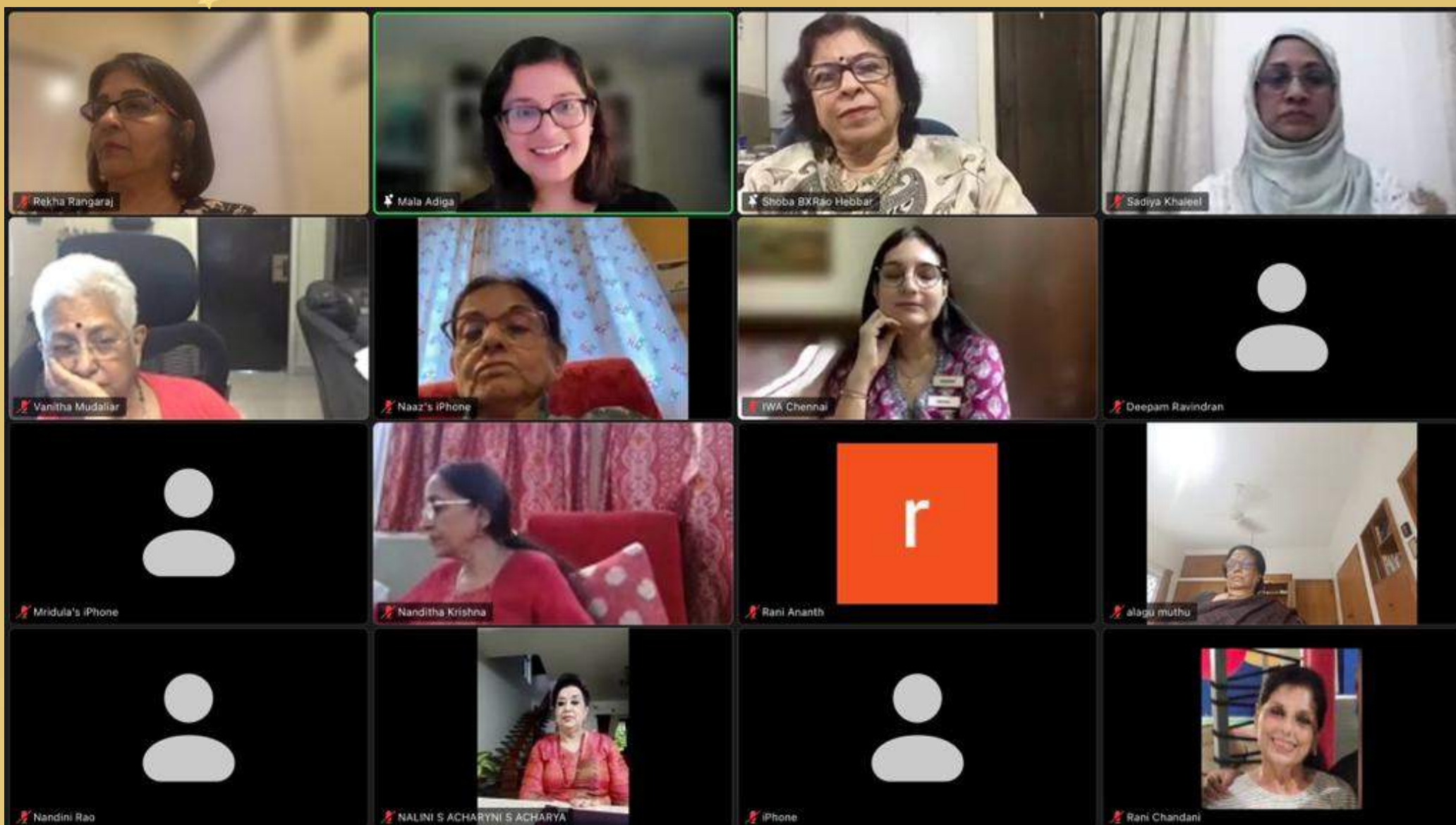
JYOTHI GANESH

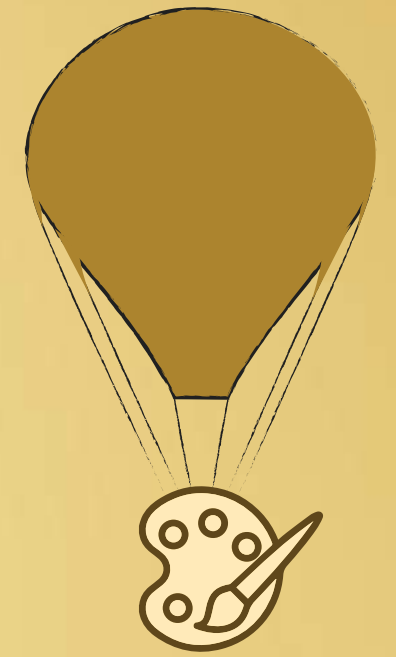
JANSI KISHORE

CEXPLORING THE CHALLENGES FACED BY WOMEN IN WORKPLACES- MALA ADIGA



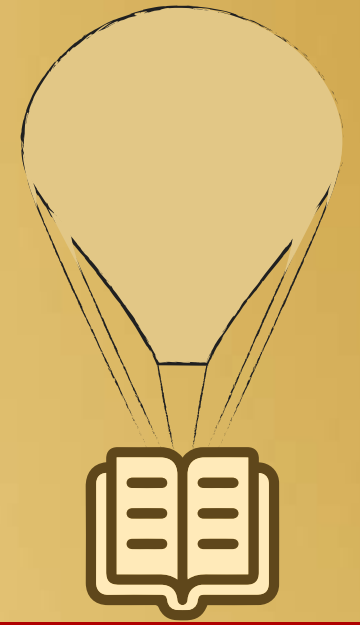
CURRENT EVENTS





ARTS & HANDICRAFTS

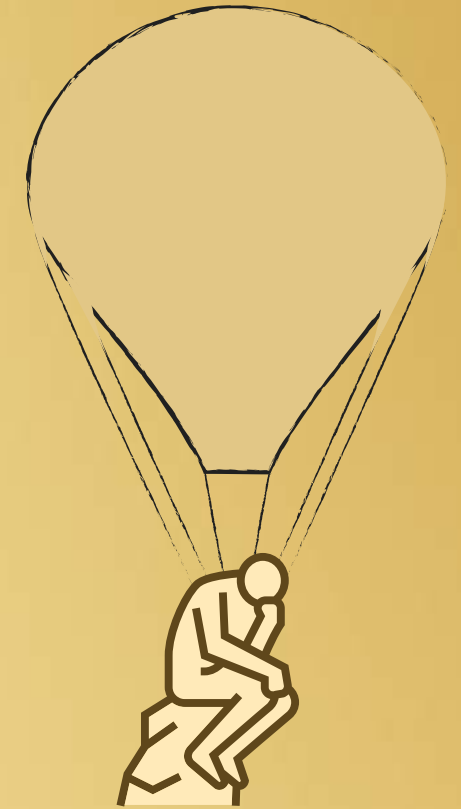




BOOK DISCUSSION



SHUBHO PUJA, UNDERSTANDING NAVARATRI IN BENGAL- MONALI BALA



PHILOSOPHY & RELIGION

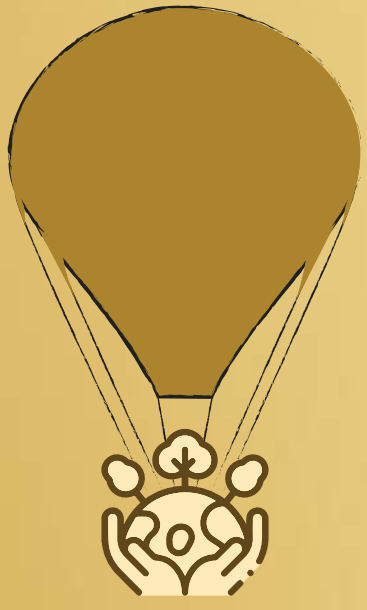


SPECIAL EVENT

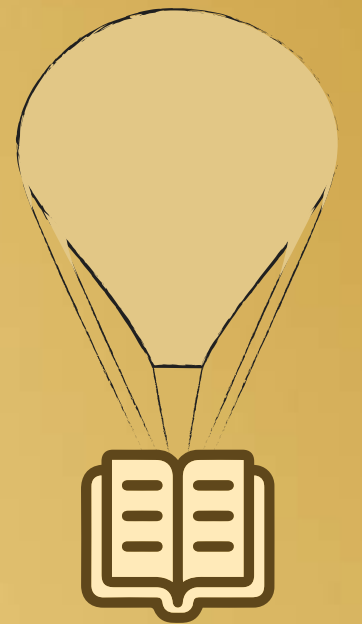




CONSERVENCY WORKERS - THE UNSEEN WARRIORS- AMAIRA GOYAL & TIA THADANI

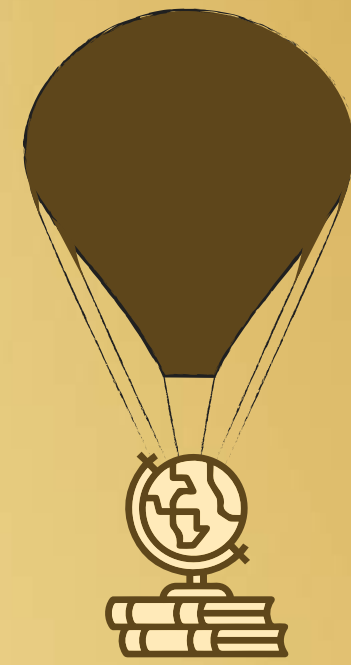


HEALTH & ECOLOGY

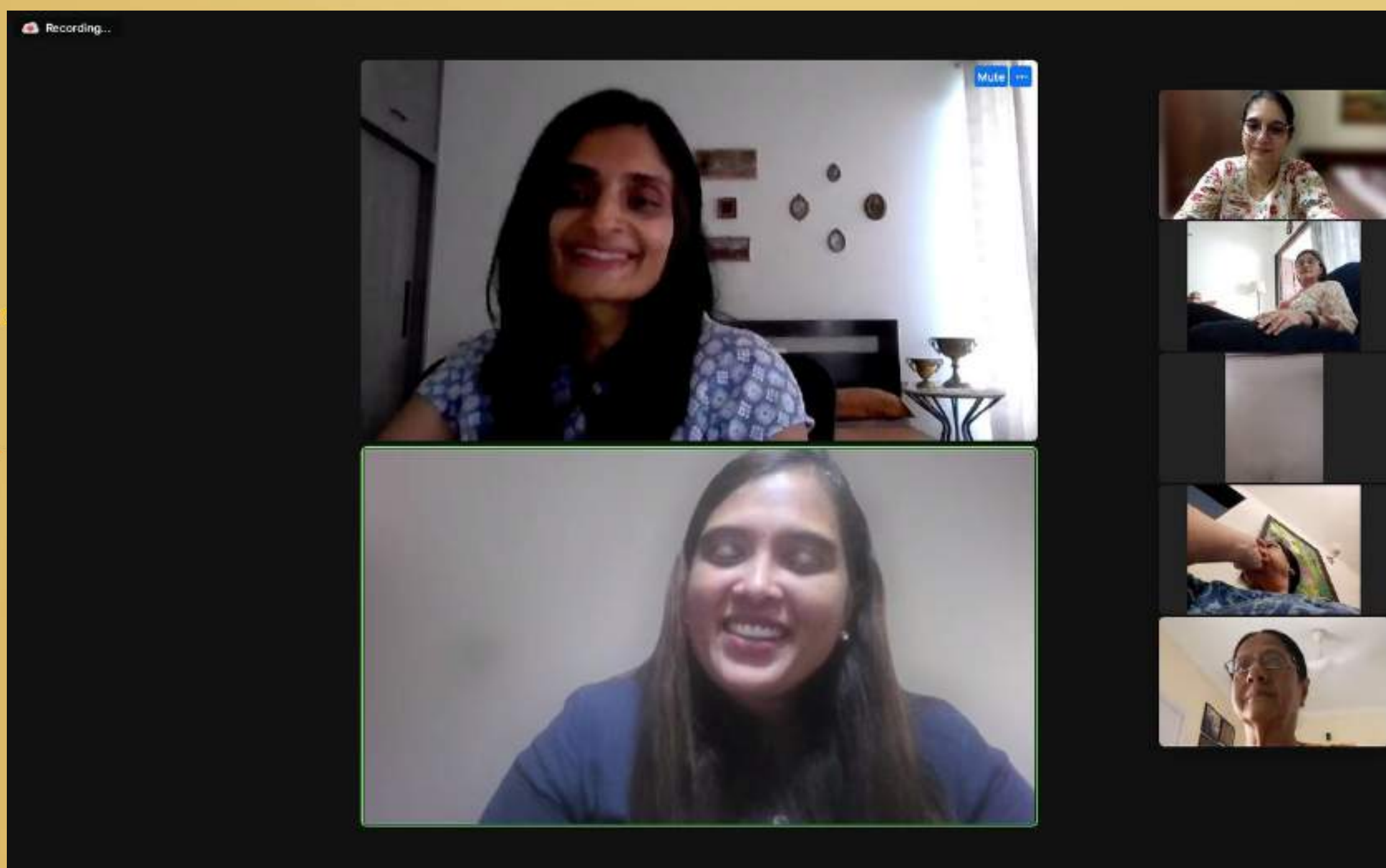


BOOK DISCUSSION



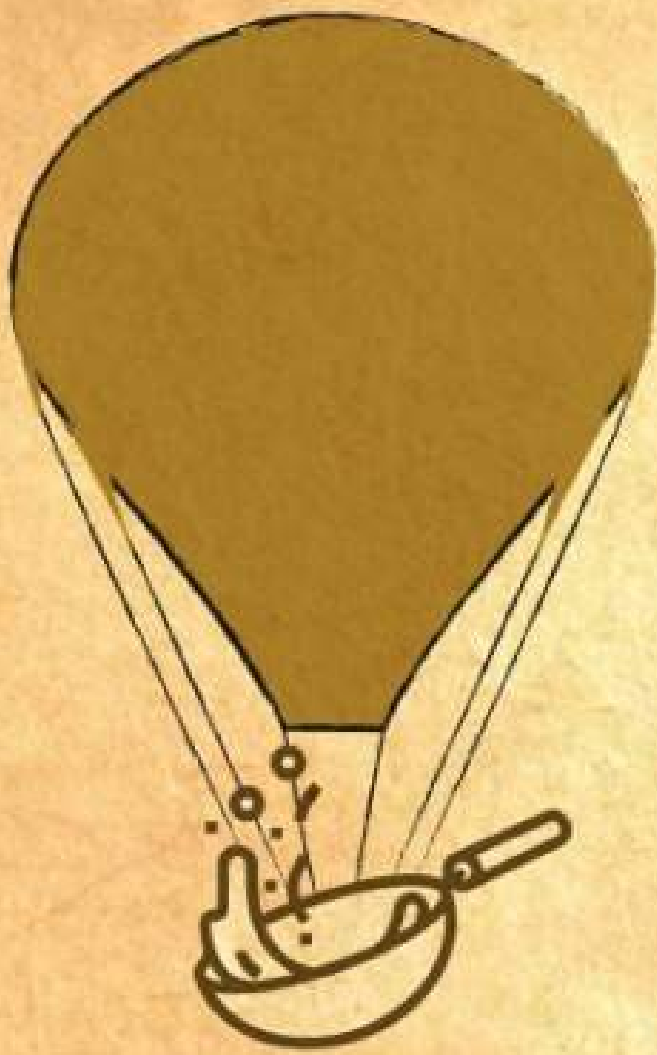
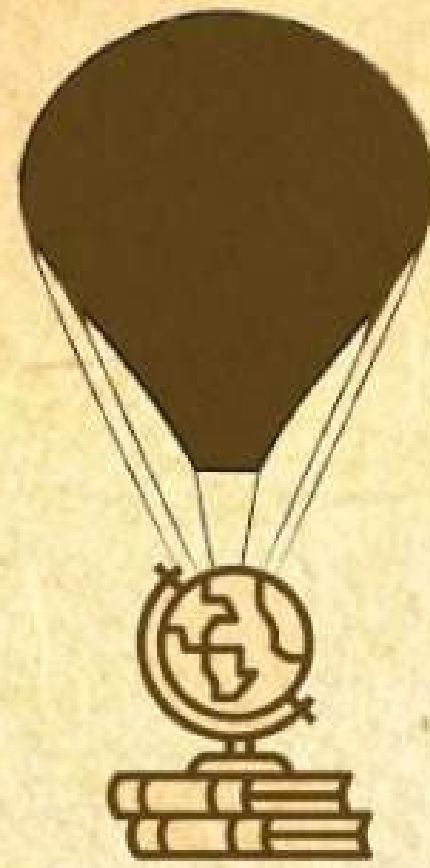
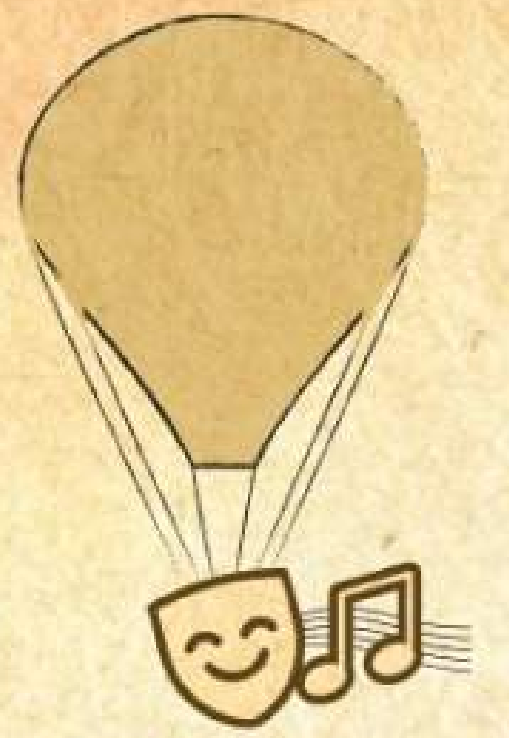
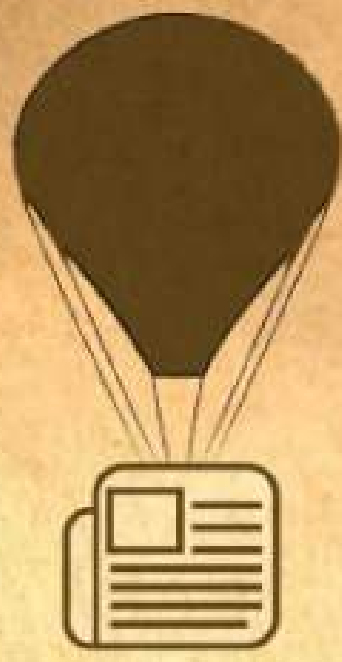


HISTORY, CULTURE & TOURS



Former Presidents

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vanitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nanditha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khinthida Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achamma Kurian	Malini Krishna
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen
2022 - 2023	Jeyasree Ravi	Mangai Kamal



The Golden Our

