



JUNE 2025



Happiness grows where friendship flows



# EXECUTIVE COMMITTEE

## 2025-2026

### MANAGING COMMITTEE

PRESIDENTS	Somna Sachdev	98410 22922	sachdev.somna@gmail.com
	Jina Park	89258 52547	schneemonat@gmail.com
VICE-PRESIDENTS	Deepali Goyal	98404 42260	deepali_gyl@yahoo.com
	Geetha Muthusamy	93804 24699	saathvika@hotmail.com
SECRETARIES	Nirupa Sundaravadanan	98402 34623	bss_nimmu@yahoo.co.in
	Catherine Reddy	63819 77392	catherinecapozzi@gmail.com
TREASURERS	Sheetal Parakh	98400 27222	sheetalparakh@gmail.com
	Kyoko Kawaguchi	88078 18719	kyonn1152@gmail.com

### ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	Shefalii Dadabhoy	97898 89955	shefnochef@gmail.com
	Anjali Sacheti	98840 56000	anjali456@gmail.com
BOOK DISCUSSION	Roshan Poncha	98403 50510	roshanponcha@gmail.com
	Paola Pignataro	95971 94538	paolapignataro1962@gmail.com
COOKING SWAPSHOP	Anuradha Uberoi	98410 42520	anuradha@uberui.net
	Rohini Tummala	99890 98640	rohinigopinath@hotmail.com
CURRENT EVENTS	Kausalya Santhanam	98415 58467	kausalyas16@gmail.com
	Kirstine Kaasgaard	90428 91539	kirstine@Kaasgaard.dk
HEALTH & ECOLOGY	Suchitra Girish	99716 40340	suchitra.girish@yahoo.com
	Arthi Bezwada	99947 78696	arthibez@gmail.com
HISTORY, CULTURE & TOURS	Rajshri Linesh	88702 77779	rajshri.linesh09@gmail.com
	Mahima Poddar	93810 63421	m@thekindnessfoundation.in
MUSIC & PERFORMING ARTS	Parvathi Nayar	98840 14576	thottakat@gmail.com
	Nirmala Raja	97891 11000	pvnirmala_raja@me.com
PHILOSOPHY & RELIGION	Suguna Anumolu	98840 34290	suguna10@hotmail.com





## JUNE AT A GLANCE

4 Wed	10.00 am 11.00 am	Managing Committee Executive Committee	Zoom
17 Tue	10.15 am	Fellowship Morning	Madras Club
20 Fri	10.15 am	Eid-ul-Adha	Amir Mahal
24 Tue	10.15 am	Music & Performing Arts	E Hotel
26 Thu	10.15 am	Cooking Swapshop	Black Orchid



# FROM THE PRESIDENTS

Dear friends,

Welcome to another bright new IWA year!

This year's theme, "**Happiness Grows Where Friendship Flows**" says it all. IWA is about friendship, meaningful bonds, and the magic that happens when we come together. Our motif this year is floral, a joyful reflection of that spirit - fresh, colourful, and blooming with joy.

With the support of our wonderful and enthusiastic **Activity Chairpersons**, we're planning a mix of events that will inspire, entertain, and bring us even closer together. Most gatherings will be in person, but we'll include at least one virtual element in each to ensure everyone can stay connected.

To keep you in the loop, our monthly **digital newsletter** will be your go-to source for all updates—landing right in your inbox and on WhatsApp.

We're kicking off the year with two lovely events, hosted by the Board:

- **Fellowship Morning on the 17th** at the Madras Club – a relaxed and friendly way to reconnect and welcome the new year.
- **Eid Celebration on the 20th** at Amir Mahal – a day of music, warm company, and celebration in a beautiful setting.

Looking ahead, our **international trip** promises to be unforgettable—a **cruise from Barcelona to Naples in September**, followed by exciting tours of India later in the year.

Thank you for being part of this wonderful community. Your energy, ideas, and smiles are what make IWA so special. Whether you're attending events, hosting, or simply cheering us on, we're truly grateful to have you with us.

**Here's to a year of friendship, laughter and meaningful moments shared together!**

*Somna Sachdev & Jina Park*





# FROM THE VICE PRESIDENTS

Dearest friends,

Were thrilled to have you back for a fresh and vibrant new year at IWA!

As we journey through another beautiful year, we are reminded of how deeply connected we are - like blossoms in a shared garden, each one unique, yet together creating something truly magnificent.

Our theme this year 'Happiness grows where friendship flows' celebrates this spirit of joy, resilience and connection that defines IWA. Much like flowers, we thrive best when nurtured by care, community and purpose.

Our EC & MC teams are ready to bloom with ideas—bringing you a bouquet of engaging meetings, joyful events, and inspiring conversations. As always, we will keep you posted with timely reminders, updates, and milestones.

**To make our garden of friendship even richer, we invite you to share the special moments in your life with us. Whether it's a celebration or a milestone, let us spread the cheer together—just write to us at [iwablurbs@gmail.com](mailto:iwablurbs@gmail.com).**

We are pleased to announce that a new edition of the member's directory will be printed this year. To ensure accuracy, we will be updating member details based on the information in the renewal forms. **If you would like to include a new photograph, please whatsapp or email directly to Geetha Muthusamy (9380424699).**

Here's to IWA friendships that grow, graceful as lilies, resilient as roses, and forever in gentle bloom.

Cheers!

*Deepali Goyal & Geetha Muthusamy*



# FROM THE SECRETARIES

**“The Earth laughs in flowers!”**

Dear friends,

Welcome again, to a brand new IWA Year!

We look forward enthusiastically to a year of exciting opportunities, to grow, learn and bond with one another.

We hope to see you often and interact with you at many meetings throughout the coming year. If you have any difficulty with the required attendance, due to travel or other reasons, please contact us.

The newsletters every month, will be packed with information about IWA activities and we will continue to send the newsletters through the WhatsApp IWA Digital Newsletter (IDN) group and by email. If you don't receive your copy, please let us know and we will try to sort it out as quickly as possible. You will receive meeting reminders on WhatsApp. Zoom links are usually sent out on WhatsApp and by email.

**If you have not yet sent in your renewal form and annual subscription, this is a gentle reminder to do so before June 30th. If there's any change in your contact information, please inform us so that we can keep our records updated. We are required to maintain an accurate record of our members' citizenship, so please inform us immediately if there is any change in your status, in order to ensure compliance with relevant regulations.**

We hope to support you in enjoying your IWA experience, so please don't hesitate to get in touch on WhatsApp or by phone for any queries.

We hope that this year will be a rewarding one for all of us!

Best wishes,

*Nirupa Sundaravadanan & Catherine Reddy*



# FROM THE TREASURERS

Dear IWA friends,

Welcome to another exciting year with IWA! The newly formed IWA team has hit the ground running, and we're thrilled to be planning a series of engaging meetings and events for the months ahead. We're delighted to be part of this vibrant community.

**A heartfelt thank you to all members who have already renewed their memberships—we truly appreciate your promptness. For those who haven't done so yet, please note that the deadline for renewal is June 30th.**

This year, IWA will be entering the **GST bracket**. We are currently working with a GST consultant to complete the registration process, and we're hopeful that it will be finalised by the time this newsletter reaches you.

As always, our monthly newsletters will continue to be delivered on time via WhatsApp (IDN) and email, ensuring you stay informed about all upcoming events and updates.

If you anticipate being unable to attend IWA meetings for an extended period due to personal reasons, we'd appreciate a quick message via email or WhatsApp to keep us informed.

We look forward to seeing you all at the June Fellowship!  
Welcome to the dawn of a new IWA year!

*Sheetal Parakh & Kyoko Kawaguchi*





# FROM THE MEMBERSHIP SECRETARY

We are happy to announce that the following Special Guests have been inducted as **Active Indian Members**:

BHUVANA BHARTI B-17  
No. 10, Kandaswamy Street,  
Dr. Radhakrishnan Salai,  
Mylapore,  
Chennai 600004  
Mobile: 9840040088  
Email: bhuvanabharti30@gmail.com

POOJA CHHABRIA C-2  
42, Masilamani Road  
1st Floor, Nandini  
Azad Nagar, Royapettah  
Chennai 600014  
Mobile: 9884027064  
Email: chhabria\_pooja@yahoo.co.in

RACHITA CHOUDHARY C-9  
110, Choudhary, 1st Floor  
Vidya Teerth Nagar Lane,  
St Mary's Road, Alwarpet  
Chennai 600018  
Mobile: 9500042397  
Email: rachita.aman@gmail.com

DEEPTI KANKARIA K-2  
22, Vallaiyan Street  
Park Residences,  
Kotturpuram  
Chennai 600085  
Mobile: 9841266262  
Email: dkankariadeepti@gmail.com

USHA KRISHNAMURTHY K-20  
B4, Casagrande Arcabaleno  
9th Street, R K Salai  
Mylapore  
Chennai 600004  
Mobile: 9176516220  
Email: ushakrish91@hotmail.com

RENUKA SABANAYAGAM S-12  
No. 16, Bishop Garden  
Off Greenways Road,  
RA Puram  
Chennai 600028  
Mobile: 9380848301  
Email: renusabanayagam@gmail.com

NIYATI MEHTA M-20  
4AB, Ankara Apartment  
13 Gilchrist Avenue,  
Off Harrington Road, Chetpet  
Chennai 600031  
Mobile: 9884070006  
Email: niyatimehta@gmail.com

SABAH SHIRAZI S-16  
Shanthi Villa Apartments, 33, 3rd floor  
3rd Street, Abhiramapuram  
Alwarpet  
Chennai 600018  
Mobile: 9840068538  
Email: sabshi@hotmail.com





# MEMBERSHIP SUB-COMMITTEE 2025-2026

We thank **Badrunnisa Mahadevan** for her valuable contribution to last year's Membership Committee.

We welcome **Nabila Avais** as the new General Body Member.

**This year's Committee is as follows:**

## **Presidents**

Somna Sachdev & Jina Park

## **Immediate Past Presidents**

Sadiya Khaleel & Stefanie Andruchowitz

## **Vice Presidents**

Deepali Goyal & Geetha Muthusamy

## **Secretaries**

Nirupa Sundaravadanan & Catherine Reddy

## **Immediate Past Membership Secretary**

Nirupa Sundaravadanan

## **General Membership**

Nabila Avais & Rathi Nilakantan



# IWA MEMBERS SPEAK SERIES

An Invitation to Share, Connect, and Inspire

Dear friends,

Welcome to a special series that celebrates you — **our members!**

We are delighted to introduce the IWA Members Speak Series - a place for members to share and inspire through personal stories, engaging reflections, passions, talents, and achievements. Whether it's a memorable life journey, a hidden interest, creative pursuit, or a unique perspective on a topic close to your heart, **we invite you to be a speaker.**

We will host **one** Members Speak meeting each month, starting in August.

**If you would like to participate, please submit your name to the Activity Chairperson in charge of your Telephone Tree, highlighting the activity category your talk falls under:**

- Book Discussion.
- Health & Ecology
- History, Culture & Tours.
- Arts & Handicrafts
- Philosophy & Religion
- Music & Performing Arts
- Cooking Swapshop
- Current Events

**Note: If multiple members sign up under the same category, the speaking time will be shared equally.**





# IWA MEMBERS SPEAK SERIES

The upcoming Monthly Schedule is as follows:

- **August:** Cooking Swapshop — Thursday, 28 August 2025
- **September:** Current Events — Thursday, 4 September 2025
- **October:** History, Culture & Tours — Thursday, 7 October 2025
- **November:** Philosophy & Religion — Tuesday, 11 November 2025
- **December:** Health & Ecology — Thursday, 11 December 2025
- **January:** Arts & Handicrafts — Tuesday, 27 January 2026
- **February:** Music & Performing Arts — Tuesday, 24 February 2026
- **March:** Book Discussion — Tuesday, 17 March 2026

**The last date to sign up is Thursday, 10 July.**

We eagerly await your voices — filled with wisdom, creativity, and authenticity — to enrich our collective IWA experience.

**In friendship,**

*Somna Sachdev & Jina Park*



# IN FOND REMEMBRANCE



**MANO BHAKTAVASALAM**

MEMBER SINCE 1986

Those we love don't go away;  
they walk beside us in our hearts and  
memories.

We express our deepest condolences  
to the family of  
**Mano Bhaktavasalam**

**MAY HER SOUL FIND  
PEACE AND COMFORT**





# HEARTFELT CONDOLENCES

Our heartfelt condolences to  
Bina Mathew  
on the loss of her dear husband

Our heartfelt condolences to  
Rinku Mecheri  
on the loss of her dear father

Our heartfelt condolences to  
Thejo Menon  
on the loss of her dear brother



# HEARTIEST CONGRATULATIONS

Our heartiest congratulations to

**Dr. Farzhana Siraj**

on being conferred the prestigious title of

Doctor of Philosophy in Yoga.

Your dedication to holistic wellness, pioneering work in yoga therapy and your unwavering commitment to integrative health is truly inspiring.

Our heartiest congratulations to

**Shefalii Dadabhoy**

for her inspiring Citizens initiative

to brighten Chennai with fields of sunflowers.

Your vision sows beauty, hope, and community spirit across the city.

Our heartiest congratulations to

**Parvathi Nayar**

for pioneering new dimensions in storytelling through

immersive, thought-provoking exhibitions.

Your vision brings history alive with imagination and intellect

Our heartiest congratulations to

**Jaya Mahbubani**

for sparking a literary revolution through TOLO,

making books beautifully accessible, one shelf at a time.

Our deep appreciation to

**Kiran Rao**

for quietly reshaping Chennai's Cafe Culture through

Amethyst and Chamiers into

a living tapestry of heritage and innovation.







**FELLOWSHIP MORNING**  
**17th June 2025 | 10:15 am**  
**Madras Club**

**SOMNA SACHDEV & JINA PARK**  
**The Managing and Executive Committees**

# ANURADHA SACHDEV INVITES YOU TO A FELLOWSHIP MORNING

**Date: Tuesday | 17th June**

**Time: 10:15 am**

**Venue: Ballroom, Madras Club**

**Address:**

**Ballroom, Madras Club**

8, Adyar Gate Club Road

R.A Puram

Chennai - 600018

## **A MORNING TO BLOOM, BOND, AND BEGIN**

**Anuradha Sachdev** warmly invites you to a joyful **Fellowship Morning** — a time to reconnect, reflect, and step into a new season filled with laughter, warmth, and meaningful friendships.

This year, we celebrate the theme:

**Happiness grows where friendship flows.**

Let's gather in that spirit — to cherish familiar faces, welcome new members, and enjoy the beautiful energy that blossoms when hearts are open and friendships thrive. Whether you've walked this path for years or are just beginning, you are a cherished part of this vibrant community.

We'll also take this opportunity to introduce our Managing Committee and Executive Committee, and extend a warm welcome to our newest members.

Wear something blooming and beautiful to reflect the colour, joy, and freshness of the friendships we celebrate.

Come for the connections. Stay for the smiles. Leave with a heart full of happiness.

**Club Dress Code Ladies:**

**To be attired decorously. Faded or torn Jeans are not acceptable.**





**EID-UL-ADHA**  
**20th June 2025 | 10:30 am**  
**Amir Mahal**

**SOMNA SACHDEV & JINA PARK**  
**The Managing and Executive Committees**

# EID-UL-ADHA

**Date:** Friday | 20th June

**Time:** 10:30 am

**Venue:** Amir Mahal

**Address:**

**Amir Mahal**

257 Bharathi Salai,

Royapettah,

Chennai-600014

**Eid-ul-Adha** or Bakra Eid, also known as the Festival of Sacrifice, is one of the most important Islamic festivals. It has been followed since the times of Prophet Abraham. The traditions associated with **Eid-ul-Adha** emphasise the values of sacrifice, selflessness, gratitude, and compassion for others.

In the spirit of unity, we invite you on this joyous occasion to a morning of soulful music and delicious food.

**We are thankful to the hostesses -**

Zubeida Asgarali, Nabila Avais, Nusrret Cassam, Rehane Yavar Dhala, Zainab Kachwalla, Thayabae Kakar, Raheela Karim, Sadiya Khaleel, Bella M Khaleeli, Badrunnisa Mahadevan, Farida Majid, Bilkis Moosa, Fazeela Nurdeen, Mahvash Sait, Seema Sait, Sabah Shirazi, Fharzana Siraj and Naaz Tyebbhoy.

This is a members-only meeting.

In friendship,

*Somna Sachdev & Jina Park*





# MUSIC & PERFORMING ARTS



**UMA SATYANARAYANAN**  
accompanied by  
**JANANI HAMSINI NARASIMHAN**

**‘Bhāva’ the Soul of Indian Art**

where Emotion Dances, Music Speaks  
and Words Come Alive

**24th June 2025 | 10:15 am**  
**E Hotel, Express Avenue Mall**

**PARVATHI NAYAR**

**NIRMALA RAJA**

# MUSIC & PERFORMING ARTS



Date: Tuesday | 24th June

Time: 10:15 am

Venue: E Hotel,

Express Avenue Mall, Gate No 1, Patullos Road,  
Chennai 600002

## ‘**Bhāva**’ the Soul of Indian Art

where Emotion Dances, Music Speaks  
and Words Come Alive

Step into the Heart of Indian Art!

Join us for a powerful **lecture-demonstration** that brings **Bhāva**, the soul of Indian expression to life through the timeless arts of music, Bharatanatyam, and literature. Discover how emotion becomes movement, how words sing, and how rhythm stirs the spirit. This is not just a performance, it's a journey into the emotional core of Indian tradition, where every gesture speaks and every note feels. Whether you're an art lover, dancer, musician, or curious soul, this event promises to move and inspire.

Come feel the art. Come experience ‘Bhāva’.

Celebrated **Bharatanatyam** virtuoso, **Uma Satyanarayanan** is a torchbearer of **Guru Chitra Visweswaran's legacy** and captivates global audiences with her artistic brilliance. She is also an acclaimed musician, and dynamic theatre performer. Founder of Vishuddi Arts, her award-winning performances and powerful presence have made her a shining star of Indian classical arts worldwide.

**Janani Hamsini Narasimhan** is a versatile **Carnatic vocalist**, award-winning performer, and global ambassador of Indian classical music, known for her solo and collaborative stage presence.

PARVATHI NAYAR

NIRMALA RAJA





# COOKING SWAPSHOP



**Executive Chef Vijay  
- Black Orchid**

**COOKING DEMO  
AND  
CONVERSATIONS**

**26th June 2025 | 10:15 am  
Black Orchid, RA Puram**

**ANURADHA UBEROI**

**ROHINI TUMMALA**

# COOKING SWAPSHOP



Date: Thursday | 26th June

Time: 10:15 am

Venue: Black Orchid Restaurant

105, Pasumpon Muthuramalinga Thevar Rd,  
RA Puram, Austin Nagar, Chennai - 28

## Cooking Demo & Conversations

**Black Orchid** is a haven for foodies and party enthusiasts in Chennai. This **elegant restobar** offers a unique dining experience, boasting of signature dishes that tantalise your taste buds. **Black Orchid** is steadfast about perfection with precision when it comes to Culinary and Mixology art that they create for their guests, along with the vibes that are parallel to none.

Join us for an **unforgettable cooking experience** with their **Executive Chef, Vijay**. He has worked in several prestigious restaurants and will showcase a **visually stunning cooking demonstration** that will delight your senses and tantalise your taste buds. Get ready to uncover some of his best kept secrets and learn some valuable tips and tricks to elevate your culinary skills.

Enjoy the ambience and join us for a **sumptuous lunch** post the cooking demonstration.

**Please note there are 5 steps leading into the restaurant.**

We look forward to seeing you.

ANURADHA UBEROI

ROHINI TUMMALA





# HISTORY, CULTURE & TOURS



## MEDITERRANEAN CRUISE

19th-28th September 2025

Ports of call:

Barcelona, Naples, Gibraltar,  
Pompeii, Marseille & more

RAJSHRI SUNDRANI

MAHIMA PODDAR

# HISTORY, CULTURE & TOURS



## Booking Information:

To confirm your place, please make an initial deposit of **Rs 1,00,000** by **14th May 2025**. Seats will be blocked on a first-come-first-serve basis. This amount is **non-refundable**.

Please note that bookings will open to family and friends from **15th May 2025**. The last day to sign up was **20th May 2025**.

Please send us a **screenshot** of your payment.

## Deposit Details:

Account Name: CRUISEBAY, Div. of Odyssey Vacations Pvt. Ltd.  
Bank: HDFC Bank  
Account No.: 00392560001822  
IFSC Code: HDFC0002054  
Branch: Koregaon Park, Pune

## Flights Suggested:

A flight itinerary via Emirates is planned. We strongly advise you to book your flights as soon as you decide, as fares tend to rise with each passing day. If you need assistance with booking your air tickets, please let us know.

Flight	Date	From	Dest	Departs	Arrives
EK543	19-SEP-25	Chennai- MAA	Dubai- DXB	04:00	06:40
EK185	19-SEP-25	Dubai- DXB	Barcelona- BCN	08:15	13:25
EK2392	28-SEP-25	Naples- NAP	Dubai- DXB	13:00	20:40
EK544	29-SEP-25	Dubai- DXB	Chennai- MAA	02:35	08:05



# HISTORY, CULTURE & TOURS



## The Sun Princess Mediterranean Cruise | September 2025

We are delighted to announce an exceptional journey that blends heritage, leisure, and unforgettable experiences:

Join us for **9 remarkable days**, including **7 nights** aboard the brand-new **Sun Princess** and **2 enriching nights** on land in **Barcelona and Naples**.

This thoughtfully curated itinerary includes the architectural wonders of Gaudí, the culinary delights of Naples, the ancient ruins of Pompeii, and the luxury of cruising through some of the Mediterranean's most iconic destinations.

**Travel Dates: 19–28 September, 2025**

**Cost Per Person: Rs 3,28,000/- per head on twin sharing**  
**(no single rooms available on the ship)**

**Accommodation: Balcony cabins on Deck 14**

**Group Size: Limited to 20 participants**

### **Inclusions:**

7-night cruise aboard the Sun Princess (**incl. Wi-Fi, cocktails, gratuities**)

1 night in Barcelona at **Hotel ME Barcelona**

1 night in Naples at **UNA Hotels Napoli**

Panoramic city tour in Barcelona with a local guide

Full-day guided tour of Naples and Pompeii

All meals (except 2 lunches)

All transfers

### **Exclusions:**

International airfare

Visas

Travel Insurance

2 lunches

5% TCS

Personal expenses

Shore Excursions (Optional)

# HISTORY, CULTURE & TOURS



## Highlights of the Cruise Itinerary:

Experience the charm of **Gibraltar**, the artistry of **Florence**, the beauty of **Marseille**, and more.

Full itinerary and ship details are available at the link below.

**<https://www.princess.com/ships-and-experience/ships/su-sun-princess/>**

We look forward to welcoming you on this unique and memorable voyage.

Should you have any questions or require further information, please don't hesitate to contact us between 10 am and 5 pm. (except on Sundays)

**Rajshri: +91 88702 77779**

**Mahima: +91 93810 63421**



# OUR MANAGING COMMITTEE

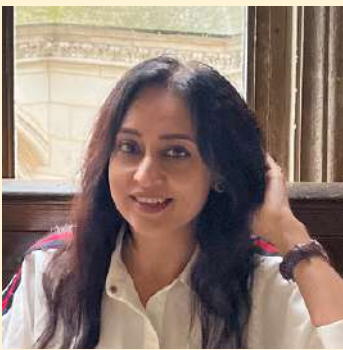


SOMNA SACHDEV

## PRESIDENTS



JINA PARK



DEEPAI GOYAL

## VICE PRESIDENTS



GEETHA MUTHUSAMY



NIRUPA  
SUNDARAVADANAN

## SECRETARIES



CATHERINE REDDY



SHEETAL PARAKH

## TREASURERS



KYOKO KAWAGUCHI



# OUR MANAGING COMMITTEE



**SHEFALII DADABHOY**

## ARTS & HANDICRAFTS



**ANJALI SACHETI**



**ROSHAN PONCHA**

## BOOK DISCUSSION



**PAOLA PIGNATARO**



**ANURADHA UBEROI**

## COOKING SWAPSHOP



**ROHINI TUMMALA**



**KAUSALYA SANTHANAM**

## CURRENT EVENTS



**KIRSTINE KAASGAARD**





# OUR MANAGING COMMITTEE



SUCHITRA GIRISH

## HEALTH & ECOLOGY



ARTHI BEZAWADA



RAJSHRI LINESH

## HISTORY, CULTURE & TOURS



MAHIMA PODDAR  
AGARWAL



PARVATHI NAYAR

## MUSIC & PERFORMING ARTS



NIRMALA RAJA



SUGUNA ANUMOLU

## PHILOSOPHY & RELIGION



# IWA HELPLINE

## NOT RECEIVING NEWSLETTER BY EMAIL OR IDN

Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)  
Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

## CHANGE IN MEMBERSHIP STATUS OR LEAVE OF ABSENCE REQUEST

Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)

## ATTENDANCE RECORD OR BYE-LAWS COPY

Kyoko Kawaguchi | 88078 18719 | [kyonn1152@gmail.com](mailto:kyonn1152@gmail.com)

## CHANGE IN DIRECTORY DETAILS

(Address | email | phone | mobile)  
Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)

## NEWSLETTER ANNOUNCEMENTS

Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

## MEETING SUGGESTIONS

Somna Sachdev | 98410 22922 | [sachdev.somna@gmail.com](mailto:sachdev.somna@gmail.com)  
Jinhwa Park | 89258 52547 | [schneemonat@gmail.com](mailto:schneemonat@gmail.com)

## HOSTING A MEETING

Somna Sachdev | 98410 22922 | [sachdev.somna@gmail.com](mailto:sachdev.somna@gmail.com)  
Jinhwa Park | 89258 52547 | [schneemonat@gmail.com](mailto:schneemonat@gmail.com)  
Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

**Please call between 10.00 am & 6.00 pm Monday to Saturday**





## FOUNDER MEMBERS

Nirmal Seshadri - Lakshmi Padmanabhan - Nancy Dean  
Saroja Ramamrutham - Anneliese Hazari - Sunita Shahaney - Reva Singh

## PAST PRESIDENTS

1986-1988	Nirmal Seshadri	Nancy Dean
1988-1990	Vanitha Mudaliar	Barbara Clarkson
1990-1991	Sunita Shahaney	Janet Picken
1991-1992	Nirmal Mirza	Stina Vasu
1992-1993	Malini Vijayaraghava	Maureen Hudson Murari
1993-1994	Nanditha Krishna	Aruna Vijaykumar
1994-1995	Lily Madhok	Margaret Sekharan
1995-1996	Zubeida Asgarali	Khinthida Lwin
1996-1997	Alagu Muthu	Poonam Lalchand
1997-1998	Rupa Kadhiresan	Anneliese Hazari
1998-1999	Shyla K. Rau	Megan Utley
1999-2000	Gayatri Bewoor	Chandrika Chidambaram
2000-2001	Javanthi Singaram	Eira Doshi
2001-2002	Rani Chada	Seema Sait
2002-2003	Kusum Chadda	Meyyammai Murugappan
2003-2004	Sushila Natraj	Elaine Wood
2004-2005	Vidya Singh	Padma Ashok
2005-2006	Princess Naik	Rathi Nilakantan
2006-2007	Seema Bhargava	Amulya Rao
2007-2008	Kamala Prasad	Raziyeh Sheerazie
2008-2009	Rani Ananth	Lynne Connor
2009-2010	Shobha Hebbar	Elizabeth Aston
2010-2011	Mridula Srinivasan	Uma Ganesan
2011-2012	Nina Kothari	Cherry Venkatesan
2012-2013	Ramani Reddy	Vijaya Rangarajan
2013-2014	Nita Reddy	Priya Asokan
2014-2015	Asha Rammohan	Jo Frogbrook
2015-2016	Achu Kurian	Malini Krishna
2016-2017	Nabila Avais	Jansi Kishore
2017-2018	Badrunnisa Mahadevan	Farah Bangera
2018-2019	Usha Jawahar	Mahvash Sait
2019-2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020-2021	Jeyasree Ravi	Manisha Singhee
2021-2022	Tehnaz Bahadurji	Shobha Jesudasen
2022-2023	Jeyasree Ravi	Mangai Kamal
2023-2024	Ritu Sahi	Sanyukta Gill
2024-2025	Sadiya Khaleel	Stefanie Andruchowitz

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