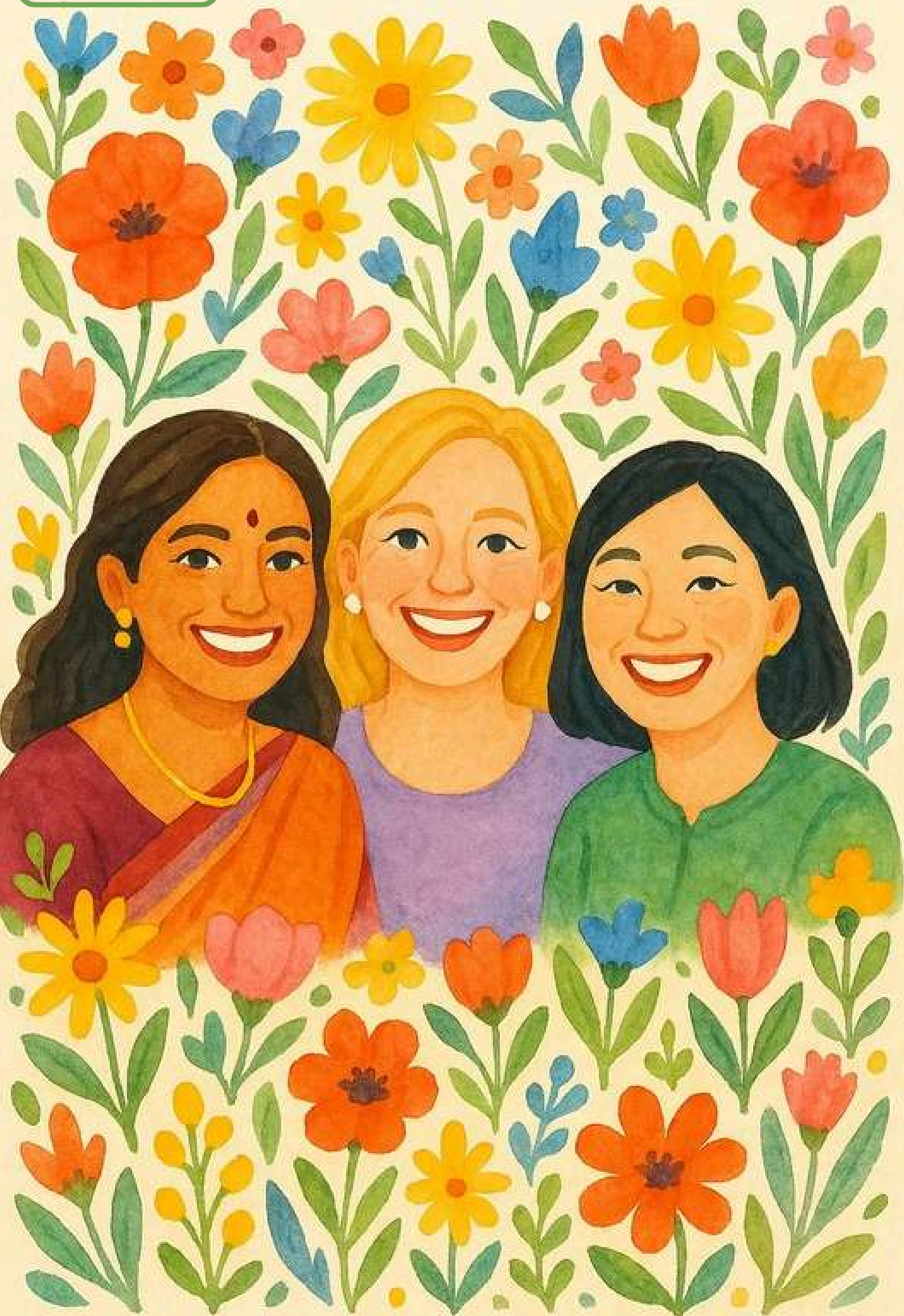




SEPTEMBER 2025



Happiness grows where friendship flows



## SEPTEMBER AT A GLANCE

1 Mon	10.00 am 11.00 am	Managing Committee Executive Committee	Geetha Muthusamy's Residence
2 Tue	10.15 am	History, Culture & Tours	Welcomhotel
4 Thu	10.15 am	Philosophy & Religion	Palam Silks
11 Thu	10.15 am	Health & Ecology	E Hotel
16 Tue	10.15 am	Book Discussion	Leela Palace
18 Thu	3.30 pm	Cooking Swapshop	Bikanervala (Afternoon meeting)
30 Tue	3.30 pm	Philosophy & Religion	Renu Sabhanayagam's Residence (Warn-in) (Afternoon meeting)



# FROM THE PRESIDENTS

Dearest Members,

Welcome to September! As the summer heat gently eases and friends return from their travels, IWA steps into the new season with renewed energy and joy.

Our dedicated Activity Chairpersons have curated a lively and engaging program for the weeks ahead—one that promises inspiring gatherings and meaningful connections. We are especially delighted to have our second Members Speak Series on Philosophy and Religion.

Please save the dates for these upcoming highlights:

- **Music Day** – Friday, **3rd October** at the Madras Club
- **Diwali Celebration** – Saturday, **11th October** at MRC Hall

Each IWA gathering is more than just an event—it is an opportunity to share laughter, exchange ideas, and create lasting memories. We look forward to seeing you and celebrating the joy of belonging to this vibrant community. Here's to a bright and beautiful September together!

In friendship,

*Somna Sachdev & Jina Park*



# FROM THE MEMBERSHIP SUB-COMMITTEE

Entry of members is governed by IWA Bye-Laws, which require the Board to maintain the unique international and intercultural character of the organisation.

The only way to welcome more new Indian members is to bring in more new Non-Indian Members. It will be greatly appreciated if members can bring capable and talented ladies, both in the Indian and Non-Indian categories.

We invite applications from within the postal zones of Chennai, Kanchipuram and Thiruvallur districts.

It is essential that sponsors should know their candidates personally. **Please note** that members of the Managing Committee, Membership Committee and Advisory Committee may not sponsor or co-sponsor an applicant.

**The procedure for application is detailed below.**

- a. A new applicant should be sponsored and co-sponsored by two **Active Members of IWA who have been members for at least 7 years**, and who know the applicant well.
- b. The sponsor and co-sponsor should not have sponsored any new member in the **last three years**.





# FROM THE MEMBERSHIP SUB-COMMITTEE

c. The applicant should furnish these details in her **bio-data**

- \* Name
- \* Date of birth
- \* Profession
- \* Designation
- \* Address (residence and office)
- \* Telephone Number (residence, office and mobile)
- \* Email ID
- \* Husband's name, profession and designation
- \* Any relatives who are IWA members, giving their name and her relationship to them
- \* Copy of passport
- \* Nationality
- \* Passport size photos - 2

d. The **sponsor and co-sponsor** should together write and co-sign **one covering letter introducing the candidate** and giving reasons why she would be suitable for IWA. This letter and the bio-data of the applicant are both **essential** for an applicant to be considered for membership.

e. The sponsor and/or co-sponsor should hand over **both these documents** personally to the Membership Sub-Committee **ONLY** at The Boat Club on **Thursday, October 9<sup>th</sup> 2025**, between **10:00 AM and 12:00 PM**.

**Incomplete applications will not be accepted.**

Candidates should **NOT** attend this meeting.

**(The Interview of eligible candidates is scheduled for Tuesday, November 4<sup>th</sup> 2025)**



# FROM THE MEMBERSHIP SECRETARY

## Guidelines for IWA Membership Application

### Indian Members

1. Each applicant must have 2 sponsors (who should know her well) and submit a brief resume of her background, interests and hobbies. She should include a passport size photo, and be aware that it will be published in the IWA Newsletter.
2. If she has any relative already in IWA, she should provide names and relationship details.
3. The Membership Sub-committee makes decisions regarding membership by majority vote, (secret ballot). The Managing Committee will ratify new members **only in 2027**. Until then, they may attend IWA meetings as **Special Guests**.
4. Applicants should know that members need to attend at least 10 meetings in the IWA year. A new member is expected to volunteer as a Day Facilitator for IWA meetings, and otherwise contribute her time, energy and expertise, and also to serve on the Executive Committee when she is eligible to do so.
5. Applications are not carried over to the following year, so applicants may re-apply each year if they wish to.

*Nirupa Sundaravadanan*



# FROM THE MEMBERSHIP SECRETARY

## Guidelines for IWA Membership Application

### Non-Indian Members

1. **Permanent Non-Indian** applicants follow the same procedure as Indian members. Sponsors are not required for non-Indian category.

2. **Non-Indians** interested in joining IWA in the **Temporary** category, may attend an IWA meeting to meet a board representative. The Membership Secretary can provide such applicants with an application form. **Sponsors are not needed** for **Temporary Non-Indian** category of membership.

3. Non-Indians in Chennai on a short term basis can be admitted throughout the year in the Temporary category, depending on vacancy.

4. Applicants should know that members need to attend at least 10 meetings in the IWA year. A new member is expected to volunteer as a Day Facilitator for IWA Activity meetings, otherwise contribute her time, energy and expertise, and serve on the Executive Committee.

*Nirupa Sundaravadanan*





# FROM THE MEMBERSHIP SECRETARY

## Change of Address:

**Eira Doshi**

**Chinar, 3rd Floor, 22/53 Rukmani Road, Kalakshetra Colony,  
Chennai 600 090**

**Arthi Bezawada**

**2 Appar Street, Kalakshetra Colony, Besant Nagar,  
Chennai 600 090**

**Catherine Reddy**

**Apt 1704 B, The Atlantic by Ceebros, 3 Montieth Road,  
Chennai 600 008**

**Sheetal Shah**

**Azure Oceanic, 1054 Sky 4, 5th Floor, R.A.Puram,  
Chennai 600 028**

**Asha Murthi**

**10 Krishnama Road, Nungambakkam,  
Chennai 600 034**

**Nidhi Kapoor Thadani**

**2-C Nithyashree Building, 51 Chamiers Road, R.A.Puram,  
Chennai 600 028**

*Nirupa Sundaravadanan*





# WE THANK

We thank **Shefali Dadabhoy** for facilitating the speaker for the Health & Ecology meeting on 17<sup>th</sup> July at Sheetal Parakh's residence.

We thank **Alina Burnete** for taking photos at the Book Discussion meeting on 15<sup>th</sup> July at Madras Club.

We thank **Kyoko Kawaguchi** for being Day Facilitator and **Kirstine Kaasgaard, Geetha Muthusamy** and **Ritu Sahi** for their help at the Book Discussion meeting on 7<sup>th</sup> August at Alliance Francaise.

We thank **Mangai Kamal** and **Nirupa Sundaravadanan** for being Day Facilitators for the Philosophy & Religion meeting on 12<sup>th</sup> August at The Leela Palace.

We thank **Ritu Sahi** for facilitating the speaker and **Shobha Jesudasen** for being Day Facilitator at the Health & Ecology meeting on 14<sup>th</sup> August at Madras Club.

We thank **Kyoko Kawaguchi** for being Day Facilitator for the Arts & Handicrafts meeting on 19<sup>th</sup> August at Beachville Coffee Roasters.

We thank **Kyoko Kawaguchi** and **Ritu Sahi** for being Day Facilitators for the Music & Performing Arts meeting on 25<sup>th</sup> August at Madras Cricket Club.

We thank **Nisha Bakshani** for being Day Facilitator for the Cooking Swapshop meeting on 28<sup>th</sup> August at Somna Sachdev's residence.



# IN FOND REMEMBRANCE



**KOSHU LALCHAND**

FORMER MEMBER

Those we love don't go away;  
they walk beside us in our hearts and  
memories.

We express our deepest condolences  
to the family of  
**Koshu Lalchand**

**MAY HER SOUL FIND  
PEACE AND COMFORT**



# IMPORTANT ANNOUNCEMENT

Dear Members,

**Diwali Mela** is just around the corner!

It promises to be a day of fun, shopping, festivities, and a spectacular Kathak performance with Bollywood rhythms!

Tickets **for guests** will be available at the meetings. Do come with your friends and family.

As always, we are delighted to continue the much-loved **Khazana Stall tradition**. If you would like to contribute gifts (big or small), please drop them off at any of the following four collection points across the city:

**Lalita Naidu, +91 98849 35815**

'Blessington', No.7, 4th Cross Street, Sylvan Lodge Colony,  
Kilpauk, Chennai - 600 010.

**Sheetal Parakh, +91 98400 27222**

No.6, Tarapore Avenue, Harrington Road,  
Chetpet, Chennai - 600 031.

**Suchitra Girish, +91 99716 40340**

41, Haddows Road, 'The Heritance' (Landmark: Roca Parryware Building near Shastri Bhavan),  
Nungambakkam, Chennai - 600 006.

**Usha Jawahar, +91 98410 25166**

No. 7/21, Second Main Road  
Kottur Gardens, Chennai - 600 085.

**Please note that the gifts should not be wrapped and should have a value of Rs. 200 and above.**

**Last day for drop off is 30th September.**

Warmly,

*Somna Sachdev & Jina Park*







# HISTORY, CULTURE & TOURS



ANUJA CHANDRAMOULI

OF GODDESSES & GRIT

Reclaiming the Narrative of  
Shakti, Ganga, and Mohini

2nd September 2025 | 10:15 am  
Welcomhotel, Cathedral Road

RAJSHRI SUNDRANI

MAHIMA PODDAR

# HISTORY, CULTURE & TOURS



Date: Tuesday | 2 September

Time: 10:15 am

Venue: Welcomhotel by ITC Hotels

Sunbean Coffee Shop (Lobby level)

Cathedral Road

Chennai 600 086

## OF GODDESSES & GRIT

### Reclaiming the Narrative of Shakti, Ganga, and Mohini

Shakti, Ganga, and Mohini — fierce, flawed, and unforgettable!

Through their stories, we meet women who create and destroy, nurture and challenge, enchant and outwit! For too long, they've been boxed in as either saint or seductress.

In this session, bestselling author and mythologist **Anuja Chandramouli** peels back the layers, telling their tales as they were always meant to be told - raw, powerful, and gloriously human!

Anuja is one of India's most **acclaimed voices in mythology and historical fiction**, with bestselling titles including **Arjuna, Shakti, Ganga, Padmavati, and the award-winning Mohini**. An accomplished TEDx speaker and columnist, her work appears in The Hindu, Scroll.in, and Femina.

**Join us for an engrossing, immersive, and interactive talk followed by an open conversation with the author.**

Stories are how we remember, how we rebel, and how we return to ourselves!

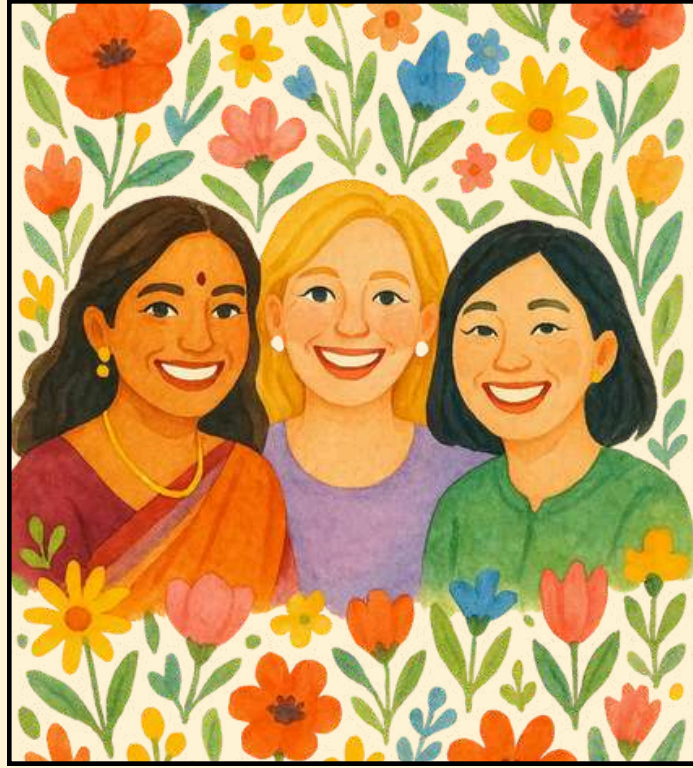
We thank **Bharati Suresh Reddy** for sponsoring this meeting.

RAJSHRI SUNDRANI

MAHIMA PODDAR



# IWA MEMBER'S SPEAK SERIES PHILOSOPHY & RELIGION



Amita Bhatia  
Fharzana Siraj  
Pooja Chhabria

FROM TRADITION TO  
HEALING AND VISUALISATION

4th September 2025 | 10:15 am  
Palam Silks, Mylapore

SUGUNA ANUMOLU



# PHILOSOPHY & RELIGION



Date: Thursday | 4th September

Time: 10:15 am

Venue: Palam Silks

22, Oliver Road

Kattukoil Garden, Mylapore

Chennai - 600 004

Please note- There is a short flight of six to seven steps at the entrance. Valet parking is available.

## FROM TRADITION TO HEALING AND VISUALISATION

IWA Member's Speak Series - Philosophy & Religion

We are excited to invite you to a special meeting where three talented members will be sharing their expertise on topics close to their heart.

Meet Our Talented members:

**Amita Bhatia**

Topic- Karva Chauth: A celebration of love, faith and tradition.

**Fharzana Siraj**

Topic- From Philosophy to Practice: The Healing Essence of Yoga.

**Pooja Chhabria**

Topic- How to make a vision board.

We thank **Jeyasree Ravi** for sponsoring this meeting.

We look forward to a morning that nourishes both mind and spirit.

**SUGUNA ANUMOLU**



# HEALTH & ECOLOGY



**Dr. Prithika Chary**  
**Dr. Nirupa Sundaravadanan**

**NOT JUST DAYS TO LIVE,  
BUT WAYS TO LIVE -**

**A Tender Exploration of Palliative Care**

**11th September 2025 | 10:15 am**  
**E-Hotel**

**SUCHITRA GIRISH**

**ARTI BEZAWADA**

# HEALTH & ECOLOGY



Date: Thursday | 11th September

Time: 10:15 am

Venue: E-Hotel

Gate No.1, Express Avenue Mall, Patullos Road

Royapettah, Chennai - 600 014

## NOT JUST DAYS TO LIVE, BUT WAYS TO LIVE - A Tender Exploration of Palliative Care

Facing the end of life brings fear, frustration, and deep emotion. But it can also offer comfort, connection, and a path to navigate this final chapter with love, grace, and resilience.

Join us for a heartfelt session with **two of our members - Dr. Prithika Chary & Dr. Nirupa Sundaravadanan**—as we explore how palliative care supports not only those receiving care, but also those who provide it.

**Dr. Prithika Chary**, Senior Consultant Neurologist and India's only woman qualified as both **Neurophysician and Neurosurgeon**, will speak on how both patient and caregiver can prepare for this journey—**with awareness, and emotional strength**.

**Dr. Nirupa Sundaravadanan**, a physician with a special interest in palliative care, is a member of the **Royal College of Physicians (London)** and holds a **postgraduate diploma in Medical Law & Ethics from NLS, Bengaluru**. Her approach blends medical insight with compassion and ethical clarity.

Together, they will share how palliative care fosters dignity, presence, and support—enhancing quality of life through moments of comfort, connection, and meaning.

SUCHITRA GIRISH

ARTI BEZAWADA





# BOOK DISCUSSION



**DR. NOZER SHARIAR**

**FINDING YOUR BALANCE -  
BETWEEN HORMONES & HIGH TEA**

**16th September 2025 | 10.15 AM  
The Leela Palace**

**ROSHAN PONCHA**

**PAOLA PIGNATARO**

# BOOK DISCUSSION



Date: Tuesday | 16<sup>th</sup> September

Time: 10:15 am

Venue: The Leela Palace,  
Diya Hall, 11th Floor,  
Adyar Seaface, MRC Nagar,  
Chennai 600 028

## FINDING YOUR BALANCE - BETWEEN HORMONES & HIGH TEA by Dr. Nozer Sheriar

**Dr. Nozer Sheriar** from **Mumbai** is a renowned obstetrician and gynaecologist with a longstanding commitment to the promotion of women's health, rights and access to safe abortion.

A Gold Medallist at every postgraduate exam, he has been awarded the **FRCOG Honoris Causa by the Royal College of Obstetrics and Gynaecology** and is a **Young Gynaecologist Awardee of Asia Oceania Federation**. He served on the **FIGO Board** and **WHO's Technical Advisory Group**.

He has been the **Secretary-General of the Federation of Obstetric and Gynaecological Societies of India** and the **President of Mumbai Obstetric and Gynaecological Society**.

His special interests are the management of high risk pregnancy, operative hysteroscopy, induced abortion, contraception and midlife care.

In his session with IWA, **Dr. Nozer Sheriar** will discuss key insights from his book '**Finding Your Balance - Your 360° Guide to Perimenopause and Beyond**', offering a comprehensive guide to navigating midlife care. Drawing from well over 3 decades of clinical experience, this book comes at a time when many of the women he has cared for over the years are in the life stage needing this guidance. Co-authored by the renowned macrobiotic specialist Shonali Sabherwal and himself, the book has been written for women, their doctors and their families. It does this by following women's physical, hormonal and emotional journey as they prepare for, go through and finally spend their lives after menopause.

**ROSHAN PONCHA**

**PAOLA PIGNATARO**



# COOKING SWAPSHOP



**Dr. Ashmita Boopathy Moturi**  
**Manjula Boopathy**

**FOOD MYTHS, TRUTHS &  
HEALING ALTERNATIVES**

**18th September 2025 | 3:30 pm**  
**Bikanervala, Nungambakkam**

**ANURADHA UBEROI**

**ROHINI TUMMALA**



# COOKING SWAPSHOP



Date: Thursday | 18th September

Time: 3:30 pm

Venue: Bikanervala

Old no 12, New no 29, College Road, Shyam Avenue,  
Nungamabakkam, Chennai - 600 006

Please note: Valet parking will be available

## FOOD MYTHS, TRUTHS & HEALING ALTERNATIVES

Ever wondered why gluten is suddenly the villain? Or how our everyday rice went from nourishing to spiking our blood sugar? Why dairy may not be as “wholesome” as we thought?

Join us for a fast-paced, eye-opening 30 minutes where we uncover: The Hidden History – From “gay seeds” wheat to polished rice, and the dairy truth no one told you-

- Common dietary triggers causing inflammation & fatigue.
- Delicious alternatives to dairy & gluten (with remedies, recipe cards!).
- Live demonstration of high-protein breakfast ideas you’ll actually crave.
- Detox juice & anti-inflammatory tea recipes to heal your gut and energize your day.

We are honoured to have **Dr. Ashmita Boopathy Moturi** with key specialty & domain expertise in **Naturopathy, Holistic Detoxification, Nutritional Medicine, and Non-Invasive Therapeutic and Diagnostic Instrumentation** and **Manjula Boopathy, Naturopath & Anti Aging Specialist, Reflexologist & Aromatherapist and Mental & Emotional Detox Therapist** with us. Join us on this empowering food journey with various health and lifestyle remedies.

**Bonus: Take home ready-to-use recipe cards for dairy-free, gluten-free living.**

**A sinful hi-tea will be served after the talk.**

We look forward to seeing our dear IWA members.

ANURADHA UBEROI

ROHINI TUMMALA



# PHILOSOPHY & RELIGION



**RENUKA SABHANAYAGAM**

**BREATHING LIFE  
INTO VINTAGE GOLU DOLLS**

**30th Sep 2025 | 3:30 pm  
Renuka Sabhanayagam's  
Residence**

**SUGUNA ANUMOLU**

# PHILOSOPHY & RELIGION



Date: Tuesday | 30th Sep

Time: 3.30 pm

Venue: Renu Sabhanayagam's Residence,

No. 9 East Avenue

Keshavaperumal Puram, Off Greenways Road

R. A. Puram

Chennai - 600028.

This is a warn-in meeting for 40 members.

Please Whatsapp Geetha Muthusamy (9380424699) to confirm your presence.

Please note that this is an afternoon meeting.

## BREATHING LIFE INTO VINTAGE GOLU DOLLS

Our member, **Renuka Sabhanayagam** is a passionate curator of tradition who tells stories from our puranas and itihaasas through her unique **Navaratri Golu displays**. While her childhood was filled with elaborate Golu celebrations, it was only later in life that she began collecting and restoring vintage clay dolls.

Sourcing damaged dolls from antique shops, she repairs and repaints each one by hand-making her Golu, a deeply personal and artistic expression of devotion and heritage.

Join us for a captivating storytelling session that blends history, faith, and feminine wisdom, reminding us how tradition can be both timeless and ever-evolving.

We thank **Renuka Sabhanayagam** for hosting this meeting at her home.

SUGUNA ANUMOLU



# OUR MANAGING COMMITTEE

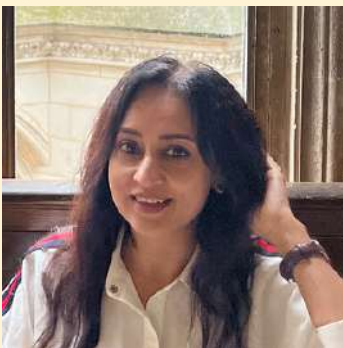


SOMNA SACHDEV

## PRESIDENTS



JINA PARK



DEEPAI GOYAL

## VICE PRESIDENTS



GEETHA MUTHUSAMY



NIRUPA  
SUNDARAVADANAN

## SECRETARIES



CATHERINE REDDY



SHEETAL PARAKH

## TREASURERS



KYOKO KAWAGUCHI





# OUR EXECUTIVE COMMITTEE



**SHEFALII DADABHOY**

## ARTS & HANDICRAFTS



**ANJALI SACHETI**



**ROSHAN PONCHA**

## BOOK DISCUSSION



**PAOLA PIGNATARO**



**ANURADHA UBEROI**

## COOKING SWAPSHOP



**ROHINI TUMMALA**



**KAUSALYA SANTHANAM**

## CURRENT EVENTS



**KIRSTINE KAASGAARD**



# OUR EXECUTIVE COMMITTEE



SUCHITRA GIRISH

## HEALTH & ECOLOGY



ARTHI BEZAWADA



RAJSHRI LINESH

## HISTORY, CULTURE & TOURS



MAHIMA PODDAR  
AGARWAL



PARVATHI NAYAR

## MUSIC & PERFORMING ARTS



NIRMALA RAJA



SUGUNA ANUMOLU

## PHILOSOPHY & RELIGION





# MEETING GALLERY

## BOOK DISCUSSION





# MEETING GALLERY

## PHILOSOPHY & RELIGION





# MEETING GALLERY

## HEALTH & ECOLOGY





# MEETING GALLERY

## ARTS & HANDICRAFTS





# MEETING GALLERY

## MUSIC & PERFORMING ARTS





# MEETING GALLERY

## CURRENT EVENTS





# MEETING GALLERY

## COOKING SWAPSHOP





# MEETING GALLERY

## SPECIAL MEETING





# IWA HELPLINE

## NOT RECEIVING NEWSLETTER BY EMAIL OR IDN

Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)  
Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

## CHANGE IN MEMBERSHIP STATUS OR LEAVE OF ABSENCE REQUEST

Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)

## ATTENDANCE RECORD OR BYE-LAWS COPY

Kyoko Kawaguchi | 88078 18719 | [kyonn1152@gmail.com](mailto:kyonn1152@gmail.com)

## CHANGE IN DIRECTORY DETAILS

(Address | email | phone | mobile)  
Nirupa Sundaravadanan | 98402 34623 | [bss\\_nimmu@yahoo.co.in](mailto:bss_nimmu@yahoo.co.in)

## NEWSLETTER ANNOUNCEMENTS

Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

## MEETING SUGGESTIONS

Somna Sachdev | 98410 22922 | [sachdev.somna@gmail.com](mailto:sachdev.somna@gmail.com)  
Jinhwa Park | 89258 52547 | [schneemonat@gmail.com](mailto:schneemonat@gmail.com)

## HOSTING A MEETING

Somna Sachdev | 98410 22922 | [sachdev.somna@gmail.com](mailto:sachdev.somna@gmail.com)  
Jinhwa Park | 89258 52547 | [schneemonat@gmail.com](mailto:schneemonat@gmail.com)  
Deepali Goyal | 98404 42260 | [deepali\\_gyl@yahoo.com](mailto:deepali_gyl@yahoo.com)

**Please call between 10.00 am & 6.00 pm Monday to Saturday**



## FOUNDER MEMBERS

Nirmal Seshadri - Lakshmi Padmanabhan - Nancy Dean  
Saroja Ramamrutham - Anneliese Hazari - Sunita Shahaney - Reva Singh

## PAST PRESIDENTS

1986-1988	Nirmal Seshadri	Nancy Dean
1988-1990	Vanitha Mudaliar	Barbara Clarkson
1990-1991	Sunita Shahaney	Janet Picken
1991-1992	Nirmal Mirza	Stina Vasu
1992-1993	Malini Vijayaraghava	Maureen Hudson Murari
1993-1994	Nanditha Krishna	Aruna Vijaykumar
1994-1995	Lily Madhok	Margaret Sekharan
1995-1996	Zubeida Asgarali	Khinthida Lwin
1996-1997	Alagu Muthu	Poonam Lalchand
1997-1998	Rupa Kadhiresan	Anneliese Hazari
1998-1999	Shyla K. Rau	Megan Utley
1999-2000	Gayatri Bewoor	Chandrika Chidambaram
2000-2001	Javanthi Singaram	Eira Doshi
2001-2002	Rani Chada	Seema Sait
2002-2003	Kusum Chadda	Meyyammai Murugappan
2003-2004	Sushila Natraj	Elaine Wood
2004-2005	Vidya Singh	Padma Ashok
2005-2006	Princess Naik	Rathi Nilakantan
2006-2007	Seema Bhargava	Amulya Rao
2007-2008	Kamala Prasad	Raziyeh Sheerazie
2008-2009	Rani Ananth	Lynne Connor
2009-2010	Shobha Hebbar	Elizabeth Aston
2010-2011	Mridula Srinivasan	Uma Ganesan
2011-2012	Nina Kothari	Cherry Venkatesan
2012-2013	Ramani Reddy	Vijaya Rangarajan
2013-2014	Nita Reddy	Priya Asokan
2014-2015	Asha Rammohan	Jo Frogbrook
2015-2016	Achu Kurian	Malini Krishna
2016-2017	Nabila Avais	Jansi Kishore
2017-2018	Badrunnisa Mahadevan	Farah Bangera
2018-2019	Usha Jawahar	Mahvash Sait
2019-2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020-2021	Jeyasree Ravi	Manisha Singhee
2021-2022	Tehnaz Bahadurji	Shobha Jesudasen
2022-2023	Jeyasree Ravi	Mangai Kamal
2023-2024	Ritu Sahi	Sanyukta Gill
2024-2025	Sadiya Khaleel	Stefanie Andruchowitz

## IWA REGISTERED OFFICE

Talking Technology Pvt. Ltd. 857, Poonamallee High Road, Kilpauk,  
Chennai - 10 [www.iwachennai.com](http://www.iwachennai.com)



