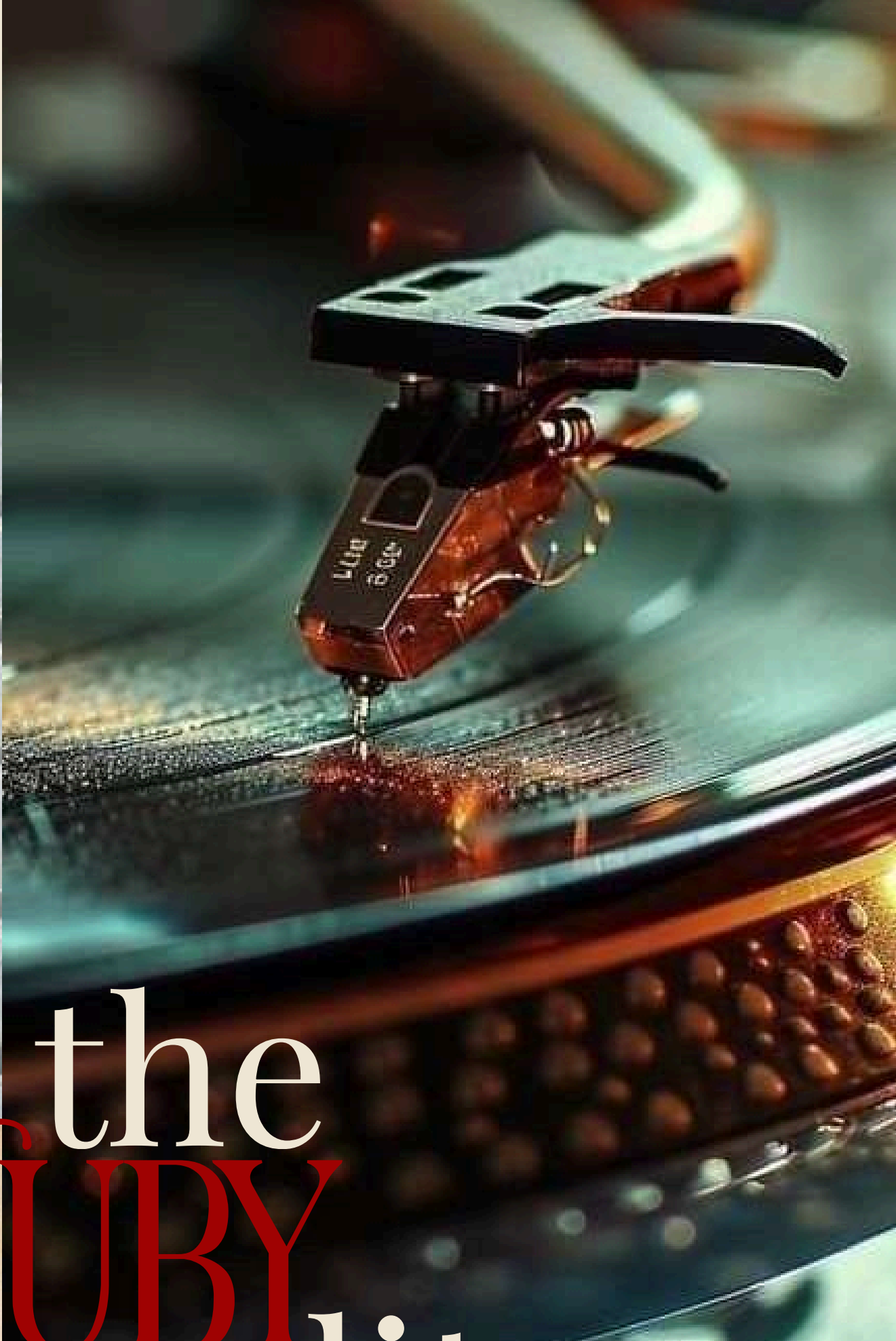
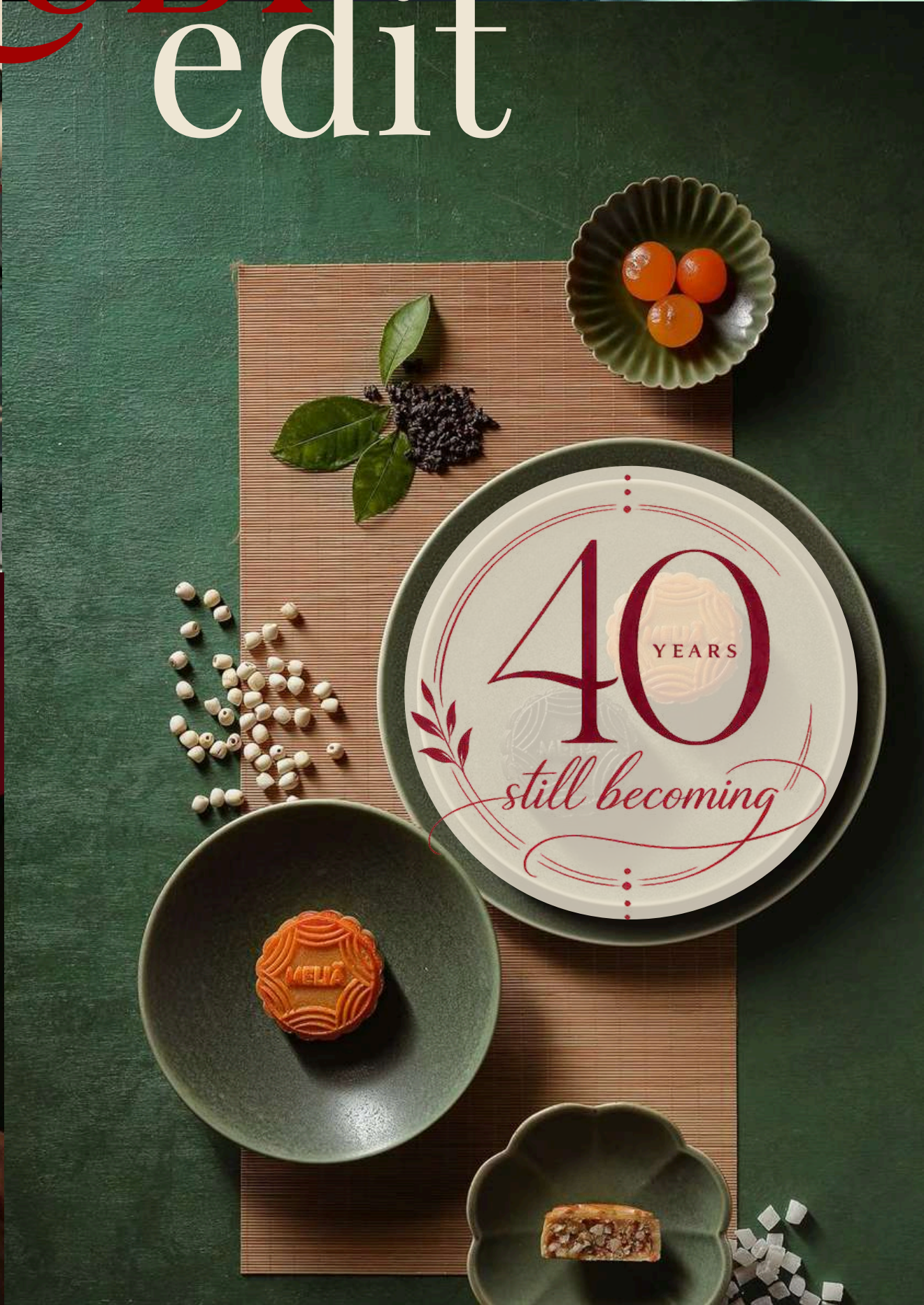




the RUBY edit



July

AT A GLANCE

A month dedicated to the stories we inherit, the wisdom we share, and the memories we create together. A month of
Legacies . Conversations . Celebrations

Click on the  to go to the meeting page.

02
THU

Legacy of politics with Gurumurthy
Current Events | **E Hotel** | **10:15 am**



10
FRI

Legacy of Ancient Wisdom with Sreedharanji
Philosophy & Religion | **Dakshin** | **10:15 am**



15
WED

Legacy of the Storyteller with Honey Irani
History, Culture & Tours | **Welcomhotel** | **3:30 pm**



17
FRI

Legacy of the Dancer's Soul with Aravinth
Music & Performing Arts | **Prego** | **10:15 am**



WHAT'S ON THIS MONTH

July AT A GLANCE

A legacy is not what we leave behind - it is what we awaken
in those who come after.

Legacies . Conversations . Celebrations

Click on the  to go to the meeting page.

25
SAT

Legacy of IWA - Red Hot with Scarlett

Board Event | **Shamiana** | **10:15 am**



28
TUE

Legacy on the Plate with Adhira Swamy

Cooking Swapshop | **Canvas** | **10:15 am**



30
THU

Threads of Legacy with Jaipur Rugs

Arts & Handicrafts | **Jaipur Rugs** | **10:15 am**



from the PRESIDENTS

Dear Members,

July is a milestone month in the life of the Intercultural Women's Association.

As we celebrate IWA's 40th year, we also look ahead to one of the most meaningful dates on our calendar, **Founders Day on 25th July**. It is a moment to honour the vision, courage, and friendship of the women who came before us and laid the foundation for the vibrant community we enjoy today.

A legacy is not simply something we inherit; it is something we nurture, strengthen, and pass forward. For forty years, IWA has been built on connections that transcend cultures, generations, and backgrounds. It is a legacy of friendship, curiosity, kindness, and belonging.

As we begin this month of conversations, celebrations, and reflections on legacy, I would like to express my heartfelt gratitude to all of you for the extraordinary support shown at our opening events. The overwhelming turnout of more than 140 members was a powerful reminder of the enthusiasm, energy, and spirit that make our association so special. Thank you to our committee members, volunteers, hosts, and participants whose efforts and generosity of spirit made these gatherings such a success.

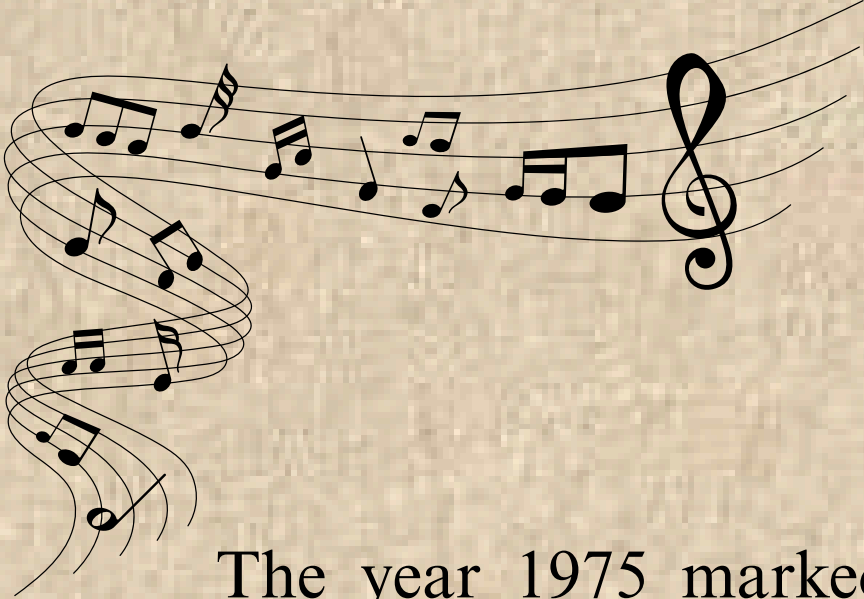
We celebrate July as a Legacy Month and invite you to reflect on the legacies that have shaped your own lives, whether through family, friendships, treasured possessions, traditions or experiences and to celebrate the enduring **legacy of IWA**.

As we mark forty years of friendship and community, let us honour the past, celebrate the present, and look forward with excitement to all that is yet to come.

Forty years of friendship. Still becoming.

With warmth,

Deepali Goyal & Swati Reddy



International MUSIC DAY

The year 1975 marked a global milestone with the very first celebration of **International Music Day** — a joyful recognition of music's power to transcend boundaries and connect people through the shared language of rhythm and emotion.

At IWA, this day carries a special resonance, inspired by our esteemed **Founder Member Nirmal Seshadri**, whose love for music and unwavering support for the arts continues to inspire us. A connoisseur of music herself, she believed in encouraging young talent and celebrating artistic excellence.

Fittingly, October 1st, which was also Nirmal Seshadri's birthday, has become a cherished tradition at IWA. Each year, we commemorate International Music Day through an endowment created by her family in her honor — a legacy that allows us to spotlight rising stars and promising voices in the world of music, as they strive to reach new heights in their craft.

Each year, a committee is formed to identify and encourage promising, passionate young musicians to perform on this special day in an exclusive event. We are delighted to introduce our highly qualified Music Committee:

Chairperson: **Ramani Reddy**

Members: **Anupama Shivaraman**
Padma Ashok

Jansi Kishore
Suchitra Girish

The ideal awardee is typically under 18 years old and has certifications, awards, and recognitions to their name. Members may send their suggestions and recommended candidates, supported by appropriate write-ups, to Ramani Reddy by email at **reddy_ramani@yahoo.co.in**, or by phone at +91 98400 86858, by **July 31, 2026**.

We are eager to celebrate the incredible talent and passion of a young musician in a joyous and unforgettable meeting.

MEET OUR TEAM



DEEPALI GOYAL
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SWATI REDDY
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swati_reddy@yahoo.com

PRESIDENTS



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VICE-
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TREASURERS

Managing Committee

MEET OUR TEAM



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**ARTS &
HANDICRAFTS**



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**BOOK
DISCUSSION**



ANURADHA UBEROI

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**COOKING
SWAPSHOP**



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ARTHI BEZAWADA

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**CURRENT
EVENTS**

Activity Chairpersons

MEET OUR TEAM



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HEALTH &
ECOLOGY



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MAHIMA PODDAR
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HISTORY,
CULTURE
& TOURS



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ROHINI GOPINATH
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MUSIC &
PERFORMING
ARTS



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ALINA BURNETE
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alina.burnete@gmail.com

PHILOSOPHY
& RELIGION

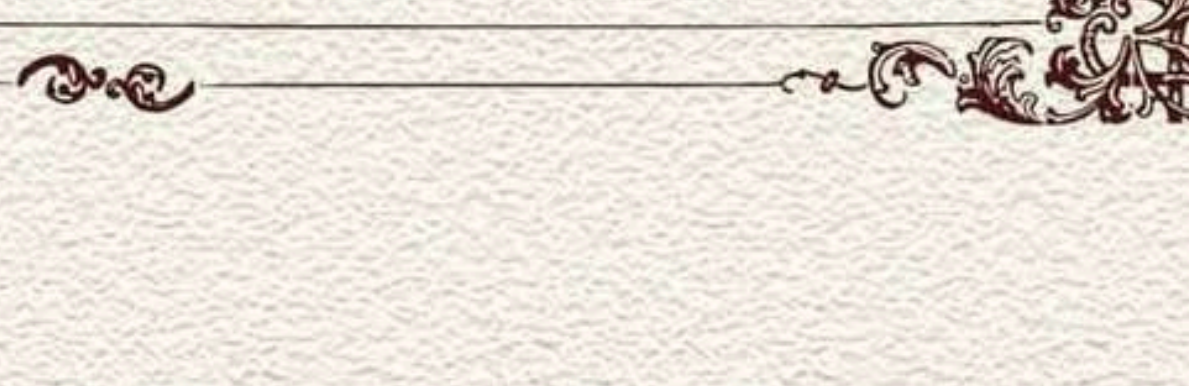
Activity Chairpersons

In everlasting
REMEMBRANCE



MRS. BIMLA BHATLA
MEMBER SINCE 1987

“Her grace, kindness and warmth will be
remembered by all.
May her soul rest in peace.”



Heartfelt
CONDOLENCES

To our member **Kashmira Daruwala**
on the loss of her dear mother-in-law.



Heartiest CONGRATULATIONS

A proud moment for IWA as our eminent members,
Jeyasree Ravi, Jayasree Vummidi
and Debbie Thyagarajan
took the spotlight at
CII “Made in Tamil Nadu “ sessions.

Congratulations on showcasing the spirit of
entrepreneurship, heritage and excellence amongst
women who shape our communities and our state.





CURRENT EVENTS



SWAMINATHAN GURUMURTHY

LEGACY OF POLITICS

The Changing Landscape of Tamil Nadu

Thu | 2nd July | 10:15 am
E Hotel, Royapettah

TULSI REDDY & ARTHI BEZAWADA



Date: Thursday, 2nd July
Time: 10.15 am
Venue: E Hotel, 2nd Floor
Express Avenue Mall,
Royapettah, Chennai-600005



THE LEGACY OF POLITICS

The Changing landscape of Tamil Nadu

Tamil Nadu politics has been shaped for decades by the Dravidian movement. It is also one of the few places in the world where cinema and politics are historically deeply intertwined.

With actor Vijay firmly in the political hot seat, the prospects of TVK in 2026 have become a subject of intense public interest and debate.

There is no better expert to address our audience on the political shift in Tamil Nadu, the Election of 2026 and hereafter, than **Swaminathan Gurumurthy**.

Swaminathan Gurumurthy is one of India's most respected writers and commentators on economic, political, social, cultural, and philosophical issues.

Starting off as an investigative journalist, he soon established himself as a highly respected name in the field, and a trusted advisor of Ramnath Goenka of Indian Express. Many consider his writings and speeches of the 1990's to be prophetic on the economic rise of India and the fall of the US-led financial model now.

Mr. Gurumurthy, with deep roots in Tamil Nadu and a panoramic view of India's political evolution, offers us insights that are uniquely informed. Join us to understand his nuanced perspective surrounding the rise of TVK, both historically grounded and future-facing.

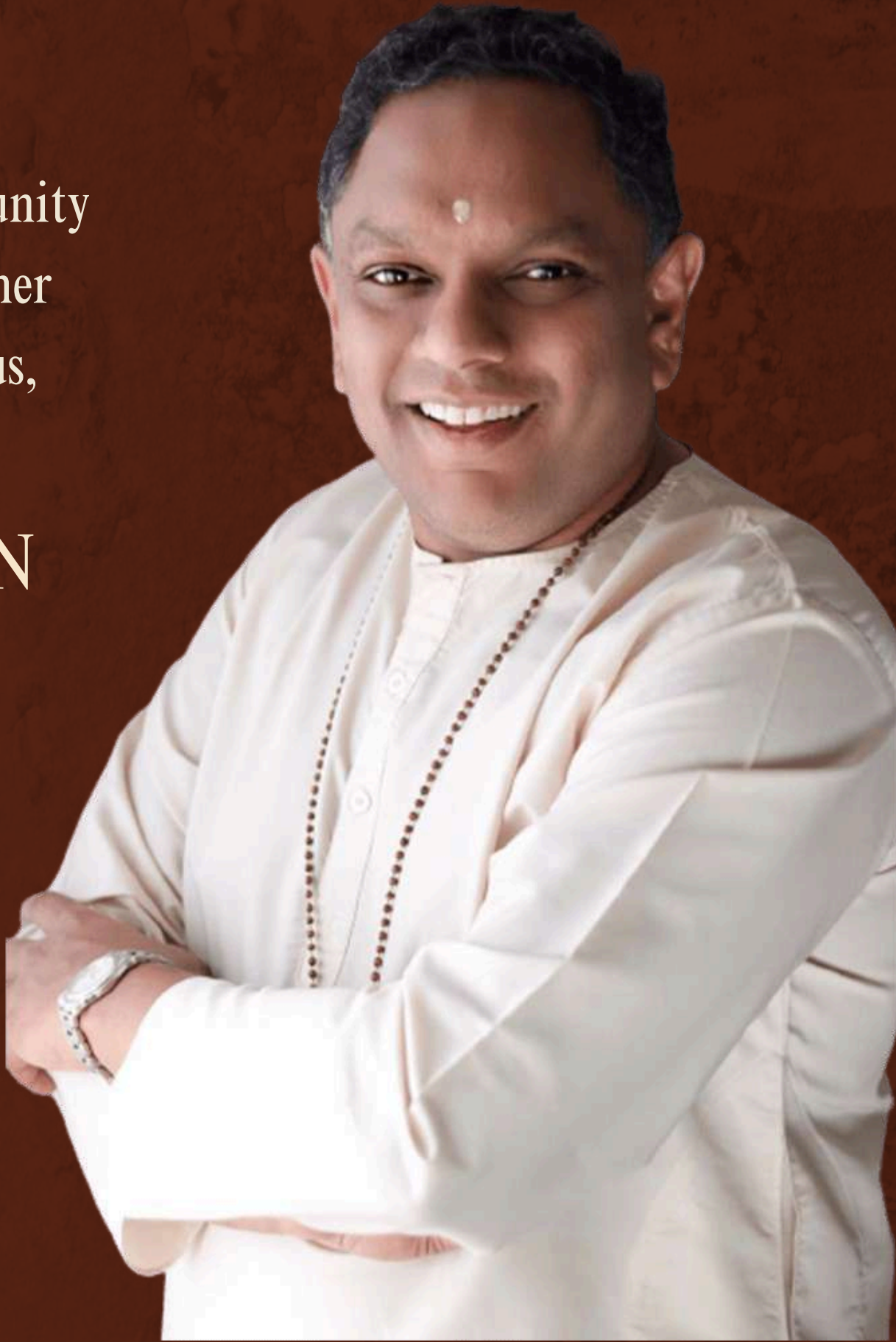
We profusely thank **Kalpana Sonthalia** who has been instrumental in bringing Mr. Gurumurthy to address us.

PHILOSOPHY & RELIGION

The Legacy of ancient wisdom

Don't miss this rare opportunity
to hear from a senior teacher
specially here to address us,
straight from Dubai -

SA SREEDHARAN



WHO CONTROLS YOU?

*Breaking Free from the invisible Forces that
Shape Your Life*

Fri | 10th July | 10:15 am

Dakshin, Alwarpet

SABAH SHIRAZI & ALINA BURNETTE

PHILOSOPHY & RELIGION

Date: Friday, 10th July

Time: 10.15 am

Venue: Dakshin

135, TTK Road, Alwarpet

Chennai-600018

Valet parking and Lift available at the venue.

The Legacy of Ancient Wisdom

WHO CONTROLS YOU?

Breaking Free from the Invisible Forces that Shape Your Life

We often believe we are in control of our lives—but are our thoughts, emotions, habits, desires, and fears quietly pulling the strings? Drawing upon the timeless wisdom of Vedanta, **Sreedharanji** invites us to examine the forces that shape our decisions and influence our happiness. Through illuminating insights and practical reflections, this session will help participants discover how to move from being controlled by circumstances to becoming masters of their own inner world.

SA Sreedharan is a prominent Vedanta philosopher and founder of *Mind and Intellect*, an organization based in Dubai. He is a **senior disciple of Swami Parthasarathy** and has spent over **28 years** making ancient wisdom accessible and relevant to modern audiences. Having delivered more than **9,000 lectures worldwide**, he is known for his ability to translate profound philosophical concepts into practical tools for living with clarity, balance, and purpose.

From speaking under royal patronage in the Middle East to mentoring entrepreneurs like US investor Ray Dalio, Sridhar Reddy of Ctrl S and similar executives behind multi-billion-dollar businesses, his work has touched some of the world's most influential decision-makers.

The Legacy of the Storyteller



HONEY IRANI
in conversation with
Surekha Kothari

A Journey of Strength, Purpose and Impact

Wed | 15th July | 3:30 pm
Welcomhotel

NIDHI THADANI & MAHIMA PODDAR

Date: Wednesday, 15th July

Time: 3.30 pm

Talk 4 pm -5.15 pm followed by tea

Venue: Welcomhotel,

Cathedral Road,

Teynampet, Chennai- 600086

The Legacy of the Storyteller

HONEY IRANI - A Journey of Strength, Pupose and Impact

From a child actor who first faced the camera at just two and a half years old to one of India's most celebrated screenwriters, Honey Irani's journey is one of extraordinary resilience and reinvention. Having appeared in over 70 films before creating unforgettable classics such as Lamhe, Darr, Kya Kehna, Kaho Naa... Pyaar Hai and the Krrish series, her stories have touched generations. A recipient of multiple **Filmfare Awards for Best Story and Screenplay**, her work has been widely acclaimed for its emotional depth and originality. As the mother of acclaimed filmmakers Zoya Akhtar and Farhan Akhtar, her creative legacy continues to inspire new generations of storytellers.

Join us for an intimate conversation with her as she reflects on her extraordinary journey through film, family, creativity, and reinvention. Expect **candid anecdotes, behind-the-scenes stories, and timeless lessons** from a woman whose life has been as compelling as the characters she has brought to the screen.

A rare opportunity to hear of **resilience and reinvention** from one of India's **finest storytellers** in person, this is an afternoon not to be missed.

We thank **Surekha Kothari** for bringing us the speaker and moderating this conversation.

MUSIC & PERFORMING ARTS



ARAVINTH KUMARASAMY

Legacy of the Dancer's Soul

THREADS OF CONNECTION

Thu | 17th July | 10:15 am

Prego, Taj Coromandel

PARVATHI NAYAR & ROHINI GOPINATH



Date: Friday, 17th July
Time: 10.15 am
Venue: Taj Coromandel
“Prego”, Lower Ground floor
37 Mahatma Gandhi Road
Nungambakam, Chennai - 600034



THREADS OF CONNECTION

Weaving Shared Heritage Across Asia

What happens when Bharatanatyam meets Balinese, Cambodian & Javanese dance? For centuries, India and Southeast Asia's seas carried more than trade, they carried art, spirituality, and shared memory.

In this meeting, join **Aravinth** who takes us behind the scenes of his intercultural dance production.

The exciting part? Watching how **different movement vocabularies, music systems, and textiles** from across Asia are woven together into **one contemporary stage expression** — honoring common roots while celebrating distinct identities. From temple motifs to handloom costumes, discover how heritage evolves through collaboration.

About Aravinth Kumarasamy

Former banking IT executive turned Bharatanatyam innovator. As Artistic Director of Apsaras Dance Company since 2005, he has redefined the art form for global stages. A **Singapore Cultural Medallion 2022 recipient** - Singapore's highest arts honor - he has also won the Young Artiste Award, **India's Arya Bhatta Award**, and **Kala Ratna**. He is also the author of a beautiful coffee table book called “_Aham: From the Creative Mind to Stage”.

FOUNDERS DAY MORNING

25th July | 10:15 am
Shamiana | Madras Club

DEEPALI GOYAL
&
SWATI REDDY
Managing &
Executive Committees



RUBY RHAPSODY

RED
HOT
— WITH —
SCARLET



IWA FOUNDERS' DAY
40 YEARS OF FRIENDSHIP

 25TH JULY, SATURDAY

 10.15 AM – 12 NOON

 DRESS CODE:
SHADES OF RUBY

IWA
40 YEARS

VIDYA SINGH INVITES YOU

Date: Saturday, 25th July

Time: 10.15 am

Venue: Shamiana, Madras Club

8 Adyar Club Gate Road

RA Puram,

Chennai-600028



RUBY RHAPSODY **featuring** **RED HOT WITH SCARLET**

As we celebrate forty years of IWA, we honour the legacy of the remarkable women whose vision, leadership and dedication have shaped our journey.

Ruby Rhapsody is a celebration of the friendships, traditions and unforgettable moments that have defined IWA over four decades. Expect music, laughter, spirited performances, a dash of mischief and a few *Red Hot with Scarlet* revelations as we celebrate the women who have made IWA what it is today.

Our heartfelt gratitude to the immensely talented **Tehnaz Bahadurji** for writing the script and spearheading the creative vision of *Red Hot with Scarlet*, and to **Sherry Batliwala** for her inspired direction in bringing it to life.

Join us for a morning of nostalgia, celebration and unforgettable memories.

Dress Code: Shades of **Ruby Red**.

This is a **members-only** meeting and will be followed by lunch.

Club Dress Code:

Ladies to be decorously attired. No faded or torn jeans allowed.



ADHIRA SWAMY

Legacy ON A PLATE

Tue | 28rd July | 10:15 am
Canvas, Chamiers Road

ANURADHA UBEROI

Date: Tuesday, 28th July
Time: 10.15 am
Venue: Canvas
77&79, Chamiers Road,
RA Puram, Chennai 600028



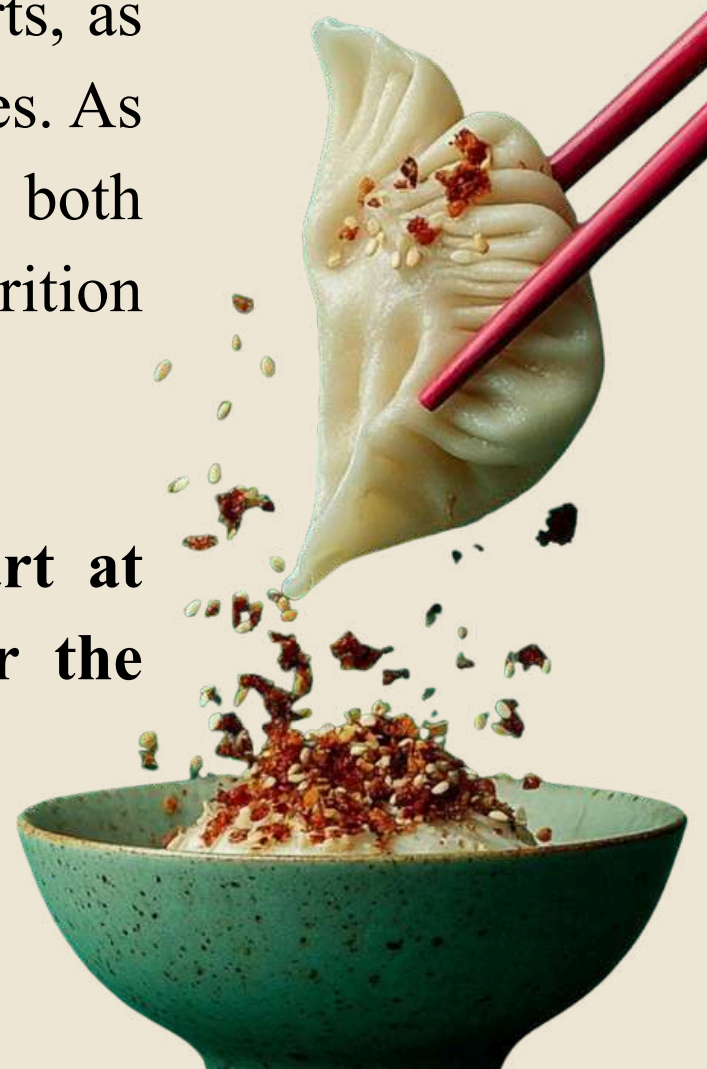
Legacy ON A PLATE

The Art of Recipes &
Practice of Menu Planning

Discover the art of **menu planning** through a blend of professional strategy and practical application. This session covers how to balance creativity with operational realities and guest expectations. Learn how industry techniques, like concept development, ingredient sourcing, and recipe standardisation, can elevate your hosting and dining experiences. The session concludes with a meaningful discussion on **culinary legacy**, exploring how we preserve and pass down traditions, stories, and recipes through the food we share.

Adhira Swamy, daughter of the acclaimed actor Arvind Swamy, is a consultant and classically trained chef. After completing **Le Cordon Bleu** in both London and Spain, she transitioned into culinary consulting, focusing on recipe and menu development for restaurants, hotels, and resorts, as well as curating concept-led dining experiences. As a **Grand Diplôme holder**, she specialises in both patisserie and cuisine, with a penchant for nutrition and holistic eating.

Ladies , kindly note the meeting will start at 10.30 am sharp. Tea will be served after the meeting.





ARTS & HANDICRAFTS



**RUTVI CHAUDHARY
YOGESH CHAUDHARY**

**THREADS OF LEGACY
JAIPUR RUGS**
Private Viewing of Art Underfoot

Thu | 30th July | 10:15 am
Jaipur Rugs, Nungambakkam

RACHITA CHOUDHARY & MANISHA SINGHEE

Date: Thursday, 30th July

Time: 10.15 am

Venue: Jaipur Rugs Company Ltd
1st Floor, Supreme Living, No. 320,
Valluvarkottam High Road,
Nugambakkam, Chennai – 600034



Please **WARN-IN** with **Rachita 95000 42397** or **Manisha 98410 35003** between 10 am and 5 pm. Limited to first 70 members.

Valet parking and Lift available at the venue.

THREADS OF LEGACY | JAIPUR RUGS *Private Viewing of Art Underfoot*

We invite you to step into the world of Jaipur Rugs for an intimate morning of discovery, where artistry, heritage and human narratives converge.

At the heart of Jaipur Rugs lies an enduring ethos: **trends are fleeting, but craftsmanship is timeless.**

The journey began in a small village in Rajasthan in 1978, where **Nand Kishore Chaudhary** chose to weave alongside tribal artisans, transcending caste barriers and challenging the social order, one knot at a time.

From two looms and nine weavers, Jaipur Rugs has grown into a globally recognised luxury house exporting to over **90 countries**, with stores in **London, Milan, Singapore and Dubai**. Today, more than 40,000 artisans across 600 villages continue this living tradition of artisanal excellence.

Ahead of the official launch of their Chennai store, **Jaipur Rugs opens its doors exclusively to IWA members** for a private preview of its new space.

Yogesh Chaudhary and **Rutvi Chaudhary**, the next generation of Jaipur Rugs, will share how they are preserving this extraordinary legacy while shaping its future. A private sensory walk-through will offer a rare glimpse into its design collaborations, iconic collections, and the vision behind one of India's most admired luxury houses.

Join us for a morning celebrating provenance, craftsmanship, patronage and the art of weaving.

MEETING GALLERY

FELLOWSHIP MORNING



MEETING GALLERY

FELLOWSHIP MORNING



MEETING GALLERY

FELLOWSHIP MORNING



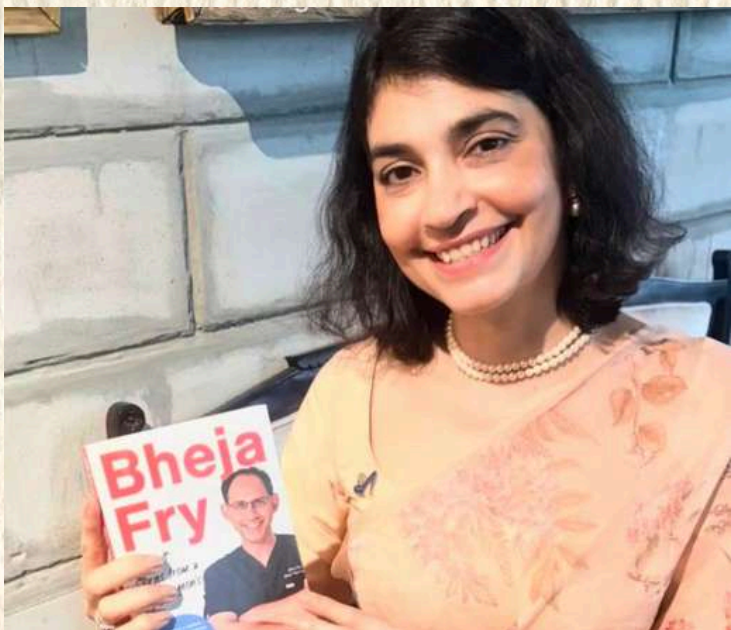
MEETING GALLERY

MUSIC & PERFORMING ARTS



MEETING GALLERY

BOOK DISCUSSION





HELPLINE

NOT RECEIVING NEWSLETTER BY EMAIL OR IDN

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Sheetal Parakh | 98400 27222 | sheetalparakh@gmail.com

CHANGE IN MEMBERSHIP STATUS OR

LEAVE OF ABSENCE REQUEST

Roshan Poncha | 98403 50510 | roshanponcha@gmail.com

ATTENDANCE RECORD OR BYE-LAWS COPY

Nirmala Raja | 97891 11000 | pvnirmala_raja@me.com

CHANGE IN DIRECTORY DETAILS

(Address | email | phone | mobile)

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Swati Reddy | 98841 77777 | swati_reddy@yahoo.com

HOSTING A MEETING

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Sheetal Parakh | 98400 27222 | sheetalparakh@gmail.com

Please call between 10.00 am & 6.00 pm Monday to Saturday

FOUNDER MEMBERS

**Nirmal Seshadri - Lakshmi Padmanabhan - Nancy Dean
Saroja Ramamrutham - Anneliese Hazari - Sunita Shahaney - Reva Singh**

PAST PRESIDENTS

1986–1988	Nirmal Seshadri	Nancy Dean
1988–1990	Vanitha Mudaliar	Barbara Clarkson
1990–1991	Sunita Shahaney	Janet Picken
1991–1992	Nirmal Mirza	Stina Vasu
1992–1993	Malini Vijayaraghava	Maureen Hudson Murari
1993–1994	Nanditha Krishna	Aruna Vijaykumar
1994–1995	Lily Madhok	Margaret Sekharan
1995–1996	Zubeida Asgarali	Khinthida Lwin
1996–1997	Alagu Muthu	Poonam Lalchand
1997–1998	Rupa Kadhiresan	Anneliese Hazari
1998–1999	Shyla K. Rau	Megan Utley
1999–2000	Gayatri Bewoor	Chandrika Chidambaram
2000–2001	Javanthi Singaram	Eira Doshi
2001–2002	Rani Chada	Seema Sait
2002–2003	Kusum Chadda	Meyyammai Murugappan
2003–2004	Sushila Natraj	Elaine Wood
2004–2005	Vidya Singh	Padma Ashok
2005–2006	Princess Naik	Rathi Nilakantan
2006–2007	Seema Bhargava	Amulya Rao
2007–2008	Kamala Prasad	Raziyeh Sheerazie
2008–2009	Rani Ananth	Lynne Connor
2009–2010	Shobha Hebbar	Elizabeth Aston
2010–2011	Mridula Srinivasan	Uma Ganesan
2011–2012	Nina Kothari	Cherry Venkatesan
2012–2013	Ramani Reddy	Vijaya Rangarajan
2013–2014	Nita Reddy	Priya Asokan
2014–2015	Asha Rammohan	Jo Frogbrook
2015–2016	Achu Kurian	Malini Krishna
2016–2017	Nabila Avaïs	Jansi Kishore
2017–2018	Badrunnisa Mahadevan	Farah Bangera
2018–2019	Usha Jawahar	Mahvash Sait
2019–2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020–2021	Jeyasree Ravi	Manisha Singhee
2021–2022	Tehnaz Bahadurji	Shobha Jesudasen
2022–2023	Jeyasree Ravi	Mangai Kamal
2023–2024	Ritu Sahi	Sanyukta Gill
2024–2025	Sadiya Khaleel	Stefanie Andruchowitz
2025-2026	Somna Sachdev	Jinwah Park

IWA REGISTERED OFFICE

C/o Golden Sunshine Services LLP

**No. 148/231, Royapettah High Road, Royapettah, Chennai 600 014
www.iwachennai.com**



the
RUBY
edit

